

SenJun Men

Pos	Time	Club	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
1	49:16	Central AC A	12:12	(2) Cameron Milne	12:47	(2) Conan McCaughey	12:19	(1) Alastair Hay	11:59	(1) Jamie Crowe
2	50:00	Kilbarchan AAC A	12:21	(3) Cameron Wright (U20)	12:58	(4) Andrew MacAngus (U20)	12:13	(2) Callum Hawkins	12:28	(2) Connor Maclean
3	50:16	Inverclyde AC A	13:18	(24) Adam Hay (U20)	11:49	(3) Jonathan Glen	12:51	(3) Ross Gray	12:17	(3) Andrew Douglas
4	50:31	Shettleston Harriers A	13:02	(17) Jamie Burns (U20)	12:33	(9) Weynay Ghebreselassie	12:40	(7) Matthew Turner	12:16	(4) Lachlan Oates
5	50:55	Cambuslang Harriers A	12:51	(12) Stuart Gibson	12:39	(8) Craig Jardine	12:48	(8) Iain MacCorquodale	12:36	(5) Fraser Stewart
6	51:13	Central AC B	12:55	(15) Matthew Sutherland	12:53	(10) Ben MacMillan (U20)	12:31	(9) Hamish Hickey (U20)	12:54	(6) Michael Wright
7	51:16	Aberdeen AAC A	13:04	(19) Adam Brown (U20)	12:23	(7) Michael Ferguson	12:42	(6) James Hoad	13:08	(7) Sunny Mcgrath (U20)
8	51:32	Corstorphine AAC A	12:27	(6) Calum McKenzie	12:56	(6) James Dunn	12:37	(4) Dougie Selman	13:31	(8) Stuart Livingstone
9	51:55	Glasgow University Hares and Hounds A	12:08	(1) Sol Sweeney	12:48	(1) Cameron Smith	13:30	(10) Magnus Tait (U20)	13:30	(9) Drew Pollock (U20)
10	52:00	Edinburgh AC A	12:25	(5) Michael Christoforou	12:56	(5) Iain Whitaker	12:46	(5) Joe Ewing (U20)	13:54	(10) Florent Tournay
11	52:16	Fife AC A	12:22	(4) Kevin Wood	13:32	(11) Ryan Lafferty	12:43	(11) Lewis Rodgers	13:40	(11) Alistair Gudgin
12	52:48	Metro Aberdeen RC A	13:03	(18) Ben Ward	13:59	(25) Kenny Garden	13:11	(19) Hamish Battle	12:34	(12) Cameron Strachan
13	52:48	Central AC C	13:00	(16) Dale Colley	13:36	(16) Fraser Logan	13:31	(17) Aidan Shea (U20)	12:42	(13) Tom Graham-Marr (U20)
14	52:50	Edinburgh Univ Hare and Hounds A	12:37	(8) Callum Tharme (U20)	13:30	(13) Alastair Thomas (U20)	13:25	(12) Boyan Ivandjиков (U20)	13:18	(14) Alex Muir
15	53:07	Cambuslang Harriers B	13:22	(26) Ryan Donnelly (U20)	12:59	(14) Jamie MacKinnon	13:24	(13) Christopher McLew (U20)	13:22	(15) Colin Reilly
16	53:18	Giffnock North AC A	13:34	(35) Calum Young (U20)	12:31	(12) Hamish Armitt (U20)	13:50	(14) Nikolai Gajic (U20)	13:23	(16) Ben Shaw (U20)
17	53:52	Glasgow University Hares and Hounds B	13:44	(43) Stewart Millar	13:26	(28) Stephen Addison (U20)	12:56	(16) Ronain Maguire (U20)	13:47	(17) Sandy Holl (U20)
18	53:52	Inverclyde AC B	12:53	(14) Cameron Watson (U20)	13:48	(18) Jon Hammerman	13:28	(18) Jonathan Roebuck	13:43	(18) Mark Pollard
19	53:56	Aberdeen AAC B	13:14	(22) Aaron Odentz	13:18	(15) Steven Murray	13:32	(15) Philip Neilson	13:51	(19) Euan Webster
20	54:07	East Kilbride AC A	12:52	(13) John Fergusson	13:49	(17) Martin Lynas	14:14	(23) Jamie Clements	13:13	(20) Grant Baillie (V40)
21	54:50	Bellahouston Harriers A	13:10	(21) Miguel Delgado Sillero	13:34	(19) Gregor Yates	13:50	(20) Greg Templeton	14:17	(21) Stuart Miller
22	54:56	Edinburgh AC B	13:25	(29) Mark MacDermot	14:05	(35) Malcolm Fraser	13:33	(24) Myles Bax	13:54	(22) Iain Macdonald
23	55:12	Corstorphine AAC C	13:36	(38) Malcolm Lang (V40)	13:37	(30) Moray Anderson (V40)	13:50	(25) Tom Ferrington (V40)	14:09	(23) Ross Milne (V40)
24	55:19	Cambuslang Harriers C	13:32	(33) Struan Paton (U20)	13:37	(27) Richard Carr	13:38	(21) Gordon Robertson	14:32	(24) Andrew Carey (U20)
25	55:20	Hunters Bog Trotters A	14:20	(63) David Wright (V40)	13:02	(33) Scott Fraser	13:28	(22) James Waldie	14:29	(25) Peter Gardner
26	55:22	Corstorphine AAC B	13:23	(27) John Macleod	13:58	(32) James Harrison	13:54	(27) Donald Macaulay	14:07	(26) Aaron Hoyle
27	55:35	Aberdeen AAC C	13:38	(39) Joseph Harry Barton	13:40	(31) Fearghas Thomson	14:08	(28) Eoghan MacNamara	14:09	(27) Andrew John Ferguson
28	55:36	Moray RR A	13:18	(23) Ewan Davidson	13:27	(21) James Wilson	14:42	(29) Paul Rogan (V50)	14:09	(28) Gareth Jenkins (V45)
29	55:41	Cambuslang Harriers E	13:30	(32) Stuart McGeachy (V40)	13:40	(29) Stephen Wylie (V45)	14:44	(34) Robert Gilroy (V40)	13:47	(29) Jamie Reid (V45)
30	55:43	Garscube Harriers C	12:40	(10) Tom Berry (U20)	14:12	(23) James MacLeod	14:56	(33) Tim Martin	13:55	(30) Del Young
31	55:56	Dundee Hawkhill Harriers A	12:38	(9) Kristof Hornyik (U20)	14:06	(20) Gordon Barrie (V45)	14:29	(26) Munro Stewart	14:43	(31) Callum McCormack (U20)
32	55:57	Law & District AAC A	12:33	(7) James Gillon (U20)	14:33	(26) Matthew Gillon (U20)	14:48	(35) Jonathan Kennedy	14:02	(32) Darran Muir (V40)
33	56:07	VP-Glasgow AC A	14:08	(52) Christopher Boyle	15:06	(60) Graeme Laing (V40)	13:48	(42) Kieron Rafferty	13:05	(33) Martin Hayes
34	56:11	Shettleston Harriers B	13:38	(40) Calum Oates	13:17	(24) Daniel Bradford	14:44	(30) Daniel Lowe	14:32	(34) Adam Peters
35	56:40	Stirling Univesity	13:24	(28) Calum Phillip (U20)	15:01	(41) Andrew Irvine	14:05	(38) Josh Wood	14:10	(35) Lewis Mccomb
36	56:26	Kilbarchan AAC B	13:07	(20) Robbie Ferguson	15:18	(40) Callum Matthews	14:02	Scott MacAulay	13:59	(145) Conor Thomson
37	56:43	PH Racing Club A	13:40	(41) Michael McConnell	14:37	(39) Daniel Monaghan	14:23	(39) Paul Kieran (V40)	14:03	(36) Robert Sellar (V40)
38	56:51	Edinburgh AC H	15:00	(91) Iain Craven (V40)	13:52	(52) Stuart Johnston (V40)	14:19	(44) Richard Meade (V40)	13:39	(37) Leon Johnson (V40)
39	56:57	Metro Aberdeen RC B	14:25	(65) Nathan Tosh (U20)	14:18	(49) Calum Crawford	14:33	(46) David Stevens	13:40	(38) Jim Tole (V40)
40	57:00	Motherwell AC C	14:17	(58) Christopher MacDonald	14:32	(50) Nicholas Hughes	14:28	(45) Paul Burns	13:44	(39) Ross Macdonald

Saturday 26th October

Lindsays scottishathletics National Cross Country Relay Championships

FINAL RESULTS

Cumbernauld

SenJun Men

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
41	57:07	Falkirk Victoria Harriers B	14:09	(54)	John Brogan	13:34	(36)	Kane Elliott (U20)	14:02	(32)	Peter Moffett	15:22	(40)	Steven George
42	57:15	Kirkintilloch Olympians A	14:17	(59)	Graham McCabe (V45)	14:13	(44)	Andrew Kirk	13:47	(36)	Marc Pollock	14:58	(41)	Jason McMin
43	57:18	Inverclyde AC C	15:25	(99)	Dylan Crawford (U20)	13:57	(63)	Andrew Harkins (V40)	13:59	(47)	Alun Myers	13:58	(42)	Mark Doherty
44	57:26	Lasswade A	12:46	(11)	Christian Graham (U20)	14:05	(22)	Martin Gore	14:53	(31)	Cameron Steven	15:43	(43)	Euan Hood (U20)
45	57:30	Aberdeen AAC D	13:59	(48)	Matthias Flamenco	14:38	(46)	Jack Gillespie (U20)	14:31	(43)	Ben Nelson	14:21	(44)	James Joy
46	57:39	Bellahouston Road Runners A	14:13	(57)	BRYAN MULGREW	14:28	(47)	Craig Ross	14:57	(52)	Alan Moss	14:01	(45)	Andrew Campbell (V45)
47	57:42	Glasgow University Hares and Hounds C	13:53	(44)	Fraser Drummond	13:51	(37)	Euan Rose	14:41	(37)	Andrew Merry	15:17	(46)	Sandy Gilhooly
48	57:49	Motherwell AC A	14:27	(66)	Allan Cameron (V45)	14:46	(59)	Mark Gallacher (V45)	13:48	(41)	David Gardiner (V50)	14:47	(47)	Stephen Allen (V50)
49	57:57	Giffnock North AC B	14:09	(53)	Andrew Robertson (U20)	15:03	(58)	Eoghan O'Donnell (U20)	14:18	(50)	Jack Bell (U20)	14:27	(48)	Ruairidh MacLean
50	58:12	Giffnock North AC E	14:57	(89)	John O'Donnell (V45)	14:27	(65)	Iain Carroll (V40)	14:18	(54)	Chris Greenhalgh (V45)	14:29	(49)	Cris Walsh (V45)
51	58:21	Strathclyde Uni A	13:35	(36)	Jamie McLaren	14:55	(45)	Scott Partyka	14:26	(40)	Robert Jenkins (U20)	15:25	(50)	Kieran Pugh
52	58:25	Greenock Glenpark Harriers A	14:04	(50)	Steven Campbell (V45)	14:24	(43)	Paul Monaghan (V45)	14:54	(49)	Runner 81C	15:02	(51)	Kevin O'Donoghue
53	58:25	Corstorphine AAC D	13:56	(46)	Alastair Brockie (V40)	15:07	(56)	Iain Macleod (V45)	14:51	(55)	Keith Ovenstone (V40)	14:32	(52)	Keith Hood (V45)
54	58:33	Inverclyde AC D	14:19	(62)	David Tamburini (V45)	15:01	(62)	Jason Kane	14:51	(58)	Peter Tucker	14:21	(53)	Graeme Hyett
55	58:37	Giffnock North AC C	14:50	(84)	Kieren Mooney (U20)	14:40	(67)	Jordan Orr	14:34	(57)	Oliver Traynor	14:33	(54)	Nicholas Boyle (U20)
56	59:17	East Kilbride AC B	14:12	(56)	David Ross	14:39	(51)	Niall Walker	15:12	(56)	Vincent Hastings	15:14	(55)	Luke Kirwan
57	59:21	Garscube Harriers B	13:57	(47)	John Coyle (V45)	15:47	(72)	Gavin Harvie (V45)	14:41	(63)	Daniel Scroop (V45)	14:56	(56)	Marco Consani (V40)
58	59:25	Aberdeen AAC E	14:45	(78)	Jan Barraclough (U20)	14:43	(66)	Harry E Hall (U20)	13:53	(48)	Nicholas Tierney (U20)	16:04	(57)	Fraser McGillivray
59	59:38	PH Racing Club B	14:28	(67)	Andrew Davis (V40)	14:48	(61)	Stuart Tite	15:28	(65)	Wright Beveridge (V45)	14:55	(58)	Philip Waring
60	59:40	Cumbernauld B	14:47	(79)	David Hogg (V45)	14:53	(71)	Martin Fitchie (V40)	14:35	(60)	Louis O'Hare (V45)	15:25	(59)	Alan Flanagan (V40)
61	59:51	Shettleston Harriers D	13:30	(31)	Paul Sorrie (V40)	14:21	(38)	Peter Mackie (V40)	15:51	(53)	Duncan McCauley (V40)	16:09	(60)	John J Duffy (V55)
62	1:00:24	Metro Aberdeen RC C	14:34	(69)	Bryan Kinghorn	14:26	(54)	Matthew Milne	15:23	(62)	Chris Paterson	16:02	(61)	Jonny McIntosh
63	1:00:35	Cambuslang Harriers D	15:15	(97)	Matthew McKenna	14:23	(70)	Andrew Anderson	14:42	(61)	John Macnamara (V40)	16:15	(62)	Tony Mccutcheon (V45)
64	1:00:45	Clydesdale Harriers A	13:29	(30)	Michael Miller (U20)	15:13	(48)	Iain Robertson (V40)	16:02	(66)	Graeme Wiseman (V45)	16:00	(63)	Daniel Burns
65	1:00:48	Penicuik Harriers	14:19	(61)	Daniel Macqueen	15:04	(64)	Billy Colvin (V40)	17:00	(74)	Allan Dunbar (V40)	14:25	(64)	Ritchie Thomson
66	1:00:54	Falkirk Victoria Harriers E	15:10	(96)	Michael Ross	15:53	(91)	Euan McCallum	15:40	(79)	Peter Faulks (V40)	14:10	(65)	Euan Martin
67	1:00:56	Team East Lothian	14:07	(51)	Fraser Kelly (U20)	14:50	(53)	Joe Donnelly (U20)	17:21	(72)	James Fraser (U20)	14:39	(66)	Cameron Bullen (U20)
68	1:00:58	Giffnock North AC D	14:43	(75)	Graeme Paterson (V45)	15:03	(73)	David Shaw (V45)	15:48	(70)	Russell Whittington (V45)	15:25	(67)	Ted Gourley (V55)
69	1:01:09	Bellahouston Harriers B	14:18	(60)	Thomas Smith	15:37	(76)	Calum Ferguson	15:08	(67)	Fraser Armstrong	16:05	(68)	Blair MacKinnon
70	1:01:39	Kirkintilloch Olympians B	14:42	(74)	Philip McCaig (V40)	15:08	(75)	Euan Craig	15:53	(71)	David Allsop (V45)	15:56	(69)	Edward McLoone
71	1:01:53	Central AC E	16:03	(119)	Jens Subke (V45)	15:46	(99)	Donald Shaw (V45)	14:44	(77)	Will Hensman (V40)	15:21	(70)	Ewan Jack (V45)
72	1:02:12	Gala Harriers A	13:34	(34)	Lewis Tharme (U20)	16:49	(81)	Fergus Johnston	16:26	(80)	Magnus Inglis (V40)	15:23	(71)	Colin Brown (V40)
73	1:02:29	Edinburgh AC D	14:42	(73)	Kevin Hamilton	15:03	(74)	Robin Kyle	15:30	(68)	Terry Roberts	17:13	(72)	Lewis Orr (V45)
74	1:02:45	Cumbernauld A	14:33	(68)	Robert Keenan	16:00	(84)	Derek Martin (V50)	16:46	(85)	Sean Casey (V50)	15:26	(73)	Robert Bartley (V40)
75	1:02:51	Fife AC C	15:23	(98)	James Hall (V40)	15:10	(83)	Paul Webb (V45)	16:07	(78)	Jimmy McIntyre (V45)	16:11	(74)	Stephen Dickson (V45)
76	1:03:14	Dundee Hawkhill Harriers B	14:51	(86)	Kristofer Hernandez (U20)	17:09	(104)	Ben MacDermid (U20)	15:33	(90)	Ciaran Collins (V45)	15:41	(75)	Steve Matthews (V45)
77	1:03:39	Greenock Glenpark Harriers B	15:29	(101)	Oliver Reilly	15:35	(93)	Owen Atkinson (V40)	16:00	(82)	Paul Beaton (V40)	16:35	(76)	Ross Neilson (V40)
78	1:03:57	Bellahouston Road Runners B	15:39	(109)	Alan Digweed (V40)	15:06	(86)	Paul Gordon	16:45	(87)	Jamie Robinson	16:26	(77)	Stephen McQuade
79	1:04:28	Perth RR B	15:32	(104)	Ronnie Glen (V45)	15:08	(85)	Mark Crawford (V45)	15:46	(75)	Eddie Torrie (V50)	18:03	(78)	Kevin Rogers (V45)
80	1:04:33	Dumbarton AAC	14:55	(88)	Stephen Cole (V45)	16:57	(100)	John Harrison (V65)	18:05	(108)	Paul Kelly	14:37	(79)	Chris McClelland

SenJun Men

Pos	Time	Club	Leg1 Pos	Athlete	Leg2 Pos	Athlete	Leg3 Pos	Athlete	Leg4 Pos	Athlete
81	1:04:38	West End RR C	15:42	(110) Martin Strachan	16:10	(101) Eamonn Lawlor	16:41	(96) Andrew Clark	16:04	(80) Robert Churchill
82	1:04:47	Ayr Seaforth AC A	15:36	(106) Stuart McLean (V45)	14:50	(82) Stephen McCrorie (V45)	18:32	(101) Stuart McColm (V50)	15:48	(81) Alasdair Meldrum (V45)
83	1:05:07	Ayr Seaforth AC B	15:49	(113) Simon Kirk (V45)	13:47	(69) Kenneth Neill (V40)	17:36	(84) Laurence Baker (V60)	17:55	(82) Peter Laing (V55)
84	1:05:45	Garscube Harriers D	16:10	(122) Stephen Craig	17:11	(123) David McKay	16:52	(111) John Murray (V40)	15:31	(83) Ian Thomson
85	1:06:00	Bellahouston Harriers C	14:48	(82) Fred Allingham	17:16	(105) Paul Houston (V50)	16:22	(93) Francis Gilroy (V55)	17:34	(84) Kevin Smith (V60)
86	1:06:18	Central AC F	15:00	(90) David Eckersley (V55)	16:46	(98) Hugh Kerr (V55)	16:41	(94) Charles Graham-Marr (V60)	17:51	(85) Stuart Watson (V55)
87	1:06:18	Teviotdale Harriers A	13:40	(42) Rory Anderson	14:47	(42) Greg Walker	18:38	(83) Derek Ballantyne (V45)	19:13	(86) Paul Lockie (V50)
88	1:06:27	Corstorphine AAC F	14:34	(70) Jonathan Carpenter	16:18	(88) Scott Pilkington	17:56	(100) David Pattison (V40)	17:39	(87) Jamie Arnott (U20)
89	1:06:44	Springburn Harriers A	16:43	(138) Joseph Chambers	16:24	(119) Scot Campbell (V40)	17:47	(115) Willie Munro (V55)	15:51	(88) Gary Blackwood (V45)
90	1:06:47	Calderglen Harriers B	15:31	(102) Mark Saez (V45)	16:29	(103) Callum Wright	19:13	(117) David Wardrope (V45)	15:34	(89) Andrew Buchanan
91	1:06:52	Perth RR C	14:22	(64) Kevin Riddell	16:50	(96) Robin Livingstone (V60)	16:54	(92) Simon Grieshaber (V50)	18:45	(90) David Stokoe (V45)
92	1:07:03	Westerlands CCC	16:25	(130) Gordon McCaffrey (V65)	16:28	(114) Ian Thurlbeck (V55)	16:41	(104) David Calder (V55)	17:30	(91) Chris Furse (V50)
93	1:07:46	Portobello Running Club A	15:45	(112) David Worrall (V40)	14:27	(79) David Limmer	18:32	(99) Alan Innes	19:01	(92) Andrew Stavert (V55)
94	1:07:55	Dunbar RC	15:31	(103) Craig ODonnell	18:12	(127) Andrew Anderson (V55)	16:46	(113) Benjamin Napier (V40)	17:26	(93) Iain Pugh (V40)
95	1:08:04	Shettleston Harriers C	15:05	(94) David I Houston	17:58	(118) Craig Shannon	18:19	(119) Richard Millar (V40)	16:42	(94) Gareth Ellor (V45)
96	1:08:17	Kilmarnock H&AC A	14:48	(83) Robert Lindsay (V45)	16:12	(90) Scott Lyden	16:43	(91) Ken Monaghan (V45)	20:33	(95) Stuart Nibloe
97	1:08:21	Strathclyde Uni B	15:45	(111) J Dow	19:22	(141) Paddy Mukasa	17:41	(131) D Smith	15:33	(96) M Adamson
98	1:08:24	Lasswade B	15:39	(108) Andrew McGlone (V50)	17:07	(113) Peter Ness (V50)	16:55	(106) Stephen Brown (V50)	18:42	(97) Derrick Brydon (V45)
99	1:08:50	East Kilbride AC C	16:24	(129) Vincent Glennon (V45)	17:01	(124) John Edwards (V40)	18:05	(122) Michael Carlin (V40)	17:19	(98) Gerard O'Neil (V40)
100	1:08:58	Royal Mail Run GMC	17:21	(148) Clem Clement (V60)	16:20	(126) Stuart McCandless (V45)	17:42	(120) Donnie Inglis (V50)	17:35	(99) Robert White (V50)
101	1:09:13	Garscube Harriers E	16:52	(141) Gary Goldie	17:39	(136) Craig Brown (V45)	17:10	(123) Andrew Downey (V45)	17:33	(100) David Carr
102	1:09:28	PH Racing Club C	16:55	(142) Graham McInnes	16:50	(128) Mark Mclean (V50)	19:18	(134) Tony Quinn (V60)	16:25	(101) Alan Cockburn (V50)
103	1:09:30	Dundee RR	13:53	(45) Chris Earl	19:41	(125) Stewart Macleod (V40)	18:43	(128) John Mill (V55)	17:13	(102) Jim Morton (V50)
104	1:10:03	Bellahouston Road Runners D	16:31	(134) Kevin Queenan (V45)	17:47	(135) Richard Leyton (V45)	18:01	(129) Martin White (V45)	17:43	(103) Henry Merriweather (V45)
105	1:10:08	Central AC G	16:14	(125) Iain Dunsmore (V50)	16:57	(120) Hugh Buchanan (V55)	17:52	(116) Colin Alexander (V45)	19:04	(104) Colin Sinclair (V50)
106	1:10:12	VP-Glasgow AC C	18:28	(156) Runner 161A	16:58	(143) Sandy Gardner (V45)	18:07	(137) R Connolly (V50)	16:40	(105) Stuart Kelly (V45)
107	1:11:17	Edinburgh AC E	17:31	(149) Max Carcas (V50)	18:20	(144) Patrick Fenn (V40)	18:57	(141) David Steele (V55)	16:29	(106) Malcolm Parry (V45)
108	1:11:37	Lothian Running Club C	14:44	(77) Euan McInnes (V45)	17:33	(108) Sandy Orr (V45)	20:31	(132) Stig Walsh (V50)	18:49	(107) John Robertson (V55)
109	1:12:11	Falkirk Victoria Harriers D	19:51	(167) Simon Johnston (V40)	16:44	(149) Euan Hogarth (V45)	17:36	(140) Mark Johnstone (V45)	18:01	(108) Malcolm Finlayson (V50)
110	1:12:27	Garscube Harriers F	18:04	(155) James McAneney (V60)	16:29	(137) Peter Scott (V40)	18:57	(136) Kevin Glifillan (V40)	18:56	(109) Norman Baillie (V70)
111	1:12:45	Pitreevie AAC A	16:01	(118) Jeff Farquhar (V60)	17:54	(130) Neil MacLachlan	19:05	(133) Tom Sludden (V50)	19:45	(110) Craig Shield
112	1:12:47	Greenock Glenpark Harriers C	16:14	(126) John Stevenson (V45)	18:00	(133) Daniel McLaughlin (V60)	18:14	(130) Scot Hill (V50)	20:19	(111) Steven Laing (V45)
113	1:13:45	Carnegie Harriers	17:02	(144) John Hynd (V55)	17:15	(134) Alan Murray (V45)	17:59	(127) Graeme Wilson (V55)	21:30	(112) Stephen Greer (V60)
114	1:15:02	Bellahouston Harriers D	19:02	(159) Gordon Gallacher (V45)	18:15	(152) Darren Shields	18:27	(144) John Cunningham (V50)	19:18	(113) Simon McDougall (V40)
115	1:15:29	Law & District AAC B	17:52	(153) Mark Milligan (V45)	18:22	(146) David Nugent (U20)	19:11	(143) Conor Butters	20:05	(114) Patrick Kelly (V70)
116	1:17:06	West End RR A	19:13	(161) Allen Campbell (V45)	19:29	(153) Jonathan Bell (V40)	21:03	(149) Craig Boyle (V45)	17:22	(115) George Clerk (V40)
117	1:18:57	Bellahouston Road Runners C	17:49	(152) Scott Mackintosh (V40)	19:25	(151) Niall Kennedy (V40)	21:01	(148) Matthew Campbell	20:42	(116) Thomas Burridge
118	1:19:36	Central AC H	19:18	(162) Allan Gall (V60)	22:14	(159) John Millar (V65)	19:27	(151) Cameron Campbell (V60)	18:38	(117) Liam McCabe (V55)

Saturday 26th October

Lindsays scottishathletics National Cross Country Relay Championships

FINAL RESULTS

SenJun Men

Cumbernauld

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
	13:21	East Sutherland AC	13:21	(25)	Finlay Murray									
	15:36	Cambuslang Harriers H	15:36	(105)	Kenny Finlayson (V40)									
	16:03	Edinburgh Univ Hare and Hounds C	16:03	(120)	Zac Finch (U20)									
	16:27	Harmeny AC	16:27	(133)	Karl Zeiner (V45)									
	17:19	Banchory Stonehaven AC	17:19	(147)	Andrew Ferguson Snr (V55)									
	17:36	Teviotdale Harriers C	17:36	(150)	Alan Coltman (V50)									
	18:32	Bellahouston Harriers E	18:32	(157)	Conor Doherty									
	19:10	Corstorphine AAC G	19:10	(160)	Steven Blair (V55)									
	19:31	Airdrie Harriers B	19:31	(163)	Francis Cullen									
	20:02	Calderglen Harriers C	20:02	(168)	Russell Couper (V50)									
	22:27	Perth RR D	22:27	(173)	Alan Bothwell (V60)									
	27:25	Edinburgh Univ Hare and Hounds B	13:35	(37)	Paul Morrison	13:50	(34)	Conor O'Riordan						
	29:09	Hunters Bog Trotters B	15:03	(92)	Philip Mowbray (V45)	14:06	(57)	Huw Jones						
	31:03	Lothian Running Club D	15:57	(117)	Colin Partridge (V40)	15:07	(92)	James Beattie (V45)						
	31:56	Giffnock North AC F	16:19	(127)	Ewan Wallace (V40)	15:37	(102)	Andy Macdonald (V40)						
	35:25	Greenock Glenpark Harriers D	16:34	(135)	David Roberts	18:51	(142)	Stephen Reid (V45)						
	40:10	Edinburgh AC F	19:34	(165)	Eric Stevenson (V65)	20:36	(156)	Alex MacEwen (V60)						
	40:49	Dundee Hawkhill Harriers D	19:33	(164)	Euan MacDermid (V55)	21:16	(157)	Guillermo Hernandez (V70)						
	41:45	Kilmarnock H&AC B	22:15	(172)	Douglas Dickson (V50)	19:30	(160)	Leslie Mc Derment (V45)						
	43:37	Perth RR A	14:10	(55)	David Knight (V50)	14:51	(55)	Stuart Robertson (V50)	14:36	(51)	Duncan Ryan (V50)			
	44:14	Fife AC B	14:02	(49)	Adam Scott (U20)	16:14	(80)	Mark Buchan	13:58	(59)	Craig Morris (U20)			
	44:29	Cambuslang Harriers F	14:48	(81)	Chris Upson (V55)	15:11	(77)	Michael O'Hagan (V50)	14:29	(64)	Colin Donnelly (V60)			
	45:18	Cumbernauld C	14:51	(85)	Ross McEachern (V50)	15:13	(78)	Paul McMonagle (V50)	15:15	(69)	Vincent Carroll (V50)			
	46:18	Teviotdale Harriers B	14:47	(80)	Raymond Jaffray (V50)	14:44	(68)	Alastair Walker (V60)	16:46	(73)	Alan Inglis (V50)			
	46:29	Falkirk Victoria Harriers A	14:54	(87)	Michael McQuaid (V55)	15:56	(87)	Andrew Ronald (V50)	15:39	(76)	Gerry McIntosh (V55)			
	46:55	Shettleston Harriers E	15:08	(95)	Denis Williams (V55)	15:57	(94)	John Oates (V60)	15:50	(81)	Brian Scally (V50)			
	47:25	Garscube Harriers A	15:04	(93)	Rob McLennan (V60)	15:53	(89)	Robbie Drummond (V50)	16:28	(86)	Alex Chisholm (V60)			
	47:31	Bellahouston Road Runners E	15:51	(115)	Anthony McParland (V50)	15:29	(97)	Liam Conway (V50)	16:12	(88)	GERARD Scullion (V50)			
	47:33	Edinburgh AC C	15:28	(100)	Daniel Rivera (V50)	16:39	(106)	Gavin Phillip (V50)	15:27	(89)	Martin Ferguson (V55)			
	48:29	Ochil Hill Runners	14:37	(71)	Runner 128A	18:26	(117)	Runner 128B	15:26	(95)	Runner 128C			
	48:35	Motherwell AC B	15:54	(116)	Iain Campbell (V40)	17:02	(115)	Brian McLinden (V65)	15:39	(97)	Graham McEwan (V45)			
	48:41	Corstorphine AAC E	14:38	(72)	Stuart Campbell (V50)	16:28	(95)	David Arnott (V50)	17:35	(98)	Michael Connelly (V55)			
	49:21	VP-Glasgow AC B	16:27	(132)	Peter Jardine (V50)	16:16	(112)	Gerard Craig (V50)	16:39	(102)	Alex Potter (V55)			
	49:26	Metro Aberdeen RC D	16:45	(140)	Keith Farquhar (V55)	17:22	(131)	Andy Redman (V55)	15:19	(103)	Nick Milovsorov (V55)			

Saturday 26th October

Lindsays scottishathletics National Cross Country Relay Championships

FINAL RESULTS

SenJun Men

Cumbernauld

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
	49:37	Cambuslang Harriers G	16:25	(131)	Daniel O'Connell (V50)	16:11	(111)	Des Dickson (V60)	17:02	(105)	Francis Hurley (V65)			
	49:53	Airdrie Harriers A	15:39	(107)	MARK CONNELLY (V40)	17:41	(122)	Steven Phillips (V40)	16:33	(107)	Jean-Yves Daniel (V50)			
	50:12	Kirkintilloch Olympians C	15:50	(114)	Mark Welsford (V45)	17:29	(121)	Chris Ashe	16:54	(109)	Jonathan Sharp			
	50:13	Lothian Running Club A	16:21	(128)	(Maxwell) Stewart Laing (V55)	16:07	(109)	Brian Lees (V55)	17:45	(110)	Harry Mulholland (V55)			
	50:16	Central AC D	14:44	(76)	David Lindsay	17:29	(107)	Sam Burton (U20)	18:03	(112)	Neil Cobb			
	50:37	Portobello Running Club B	16:06	(121)	Mark Upward (V50)	16:22	(110)	William Jarvie (V60)	18:08	(114)	Roland McCraw (V50)			
	51:30	Gala Harriers B	16:12	(123)	Neil Christie (V50)	17:59	(132)	William Mcculloch (V60)	17:20	(121)	Anthony Lunn (V50)			
	51:49	Bellahouston Road Runners F	16:14	(124)	Kenneth Crawford (V50)	18:27	(139)	Stuart Brownhill (V50)	17:08	(124)	Tom Ferris (V50)			
	52:10	Lothian Running Club B	17:39	(151)	Andrew Corrigan (V50)	17:10	(140)	Dougie Hunter (V55)	17:21	(125)	George Gilhooley (V55)			
	52:13	East Kilbride AC D	17:02	(145)	Graeme Haddow	17:35	(138)	Gordon Colvin (V60)	17:37	(126)	Keith Charters (V50)			
	53:28	Springburn Harriers B	17:01	(143)	Paul Wilson	19:28	(147)	Brian Leitch (V55)	16:59	(135)	David Smith (V45)			
	53:33	West End RR B	16:42	(137)	Graeme Jack (V50)	19:13	(145)	James Speakman (V50)	17:38	(138)	Joseph Lennon (V65)			
	53:36	Calderglen Harriers A	17:57	(154)	Jim Holmes (V50)	19:04	(150)	George Ferguson (V55)	16:35	(139)	Allan Mclellan (V60)			
	55:09	Motherwell AC D	19:41	(166)	Scott Dickson	16:51	(148)	Scott Kelman	18:38	(142)	Alastair Loudon			
	55:14	Falkirk Victoria Harriers C	17:12	(146)	Douglaa Hill (V55)	38:02	(162)	Alastair Mccallum (V55)						
	56:27	West End RR D	20:35	(170)	Paul Toland	21:14	(161)	David Gray (V40)	14:38	(146)	Stephen Brown			
	57:11	Inverclyde AC E	16:44	(139)	Robert Gray (V45)	16:17	(116)	Thomas Jamieson	24:09	(147)	Tom Tracey (V65)			
	1:00:55	Clydesdale Harriers B	20:04	(169)	Pete Cartwright (V75)	19:05	(154)	Robert Young (V75)	21:45	(150)	Michael Diver (V50)			
	1:06:21	Garscube Harriers G	21:26	(171)	Peter Dow (V60)	18:27	(155)	Mark Cathro (V50)	26:29	(152)	Tariq Abdullah (V45)			
	1:06:58	Ferranti AAC	18:38	(158)	Grant Sellar (V55)	22:42	(158)	Keith Weston (V70)	25:38	(153)	Eddie McDonald (V70)			

Saturday 26th October

Lindsays scottishathletics National Cross Country Relay Championships

FINAL RESULTS

Cumbernauld

Masters Men

Rank	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
1	55:12	Corstorphine AAC C	13:36	(38)	Malcolm Lang (V40)	13:37	(30)	Moray Anderson (V40)	13:50	(25)	Tom Ferrington (V40)	14:09	(23)	Ross Milne (V40)
2	55:41	Cambuslang Harriers E	13:30	(32)	Stuart McGeachy (V40)	13:40	(29)	Stephen Wylie (V45)	14:44	(34)	Robert Gilroy (V40)	13:47	(29)	Jamie Reid (V45)
3	56:51	Edinburgh AC H	15:00	(91)	Iain Craven (V40)	13:52	(52)	Stuart Johnston (V40)	14:19	(44)	Richard Meade (V40)	13:39	(37)	Leon Johnson (V40)
4	57:49	Motherwell AC A	14:27	(66)	Allan Cameron (V45)	14:46	(59)	Mark Gallacher (V45)	13:48	(41)	David Gardiner (V50)	14:47	(47)	Stephen Allen (V50)
5	58:12	Giffnock North AC E	14:57	(89)	John O'Donnell (V45)	14:27	(65)	Iain Carroll (V40)	14:18	(54)	Chris Greenhalgh (V45)	14:29	(49)	Cris Walsh (V45)
6	58:25	Corstorphine AAC D	13:56	(46)	Alastair Brockie (V40)	15:07	(56)	Iain Macleod (V45)	14:51	(55)	Keith Ovenstone (V40)	14:32	(52)	Keith Hood (V45)
7	59:21	Garscube Harriers B	13:57	(47)	John Coyle (V45)	15:47	(72)	Gavin Harvie (V45)	14:41	(63)	Daniel Scroop (V45)	14:56	(56)	Marco Consani (V40)
8	59:40	Cumbernauld B	14:47	(79)	David Hogg (V45)	14:53	(71)	Martin Fitchie (V40)	14:35	(60)	Louis O'Hare (V45)	15:25	(59)	Alan Flanagan (V40)
9	59:51	Shettleston Harriers D	13:30	(31)	Paul Sorrie (V40)	14:21	(38)	Peter Mackie (V40)	15:51	(53)	Duncan McCauley (V40)	16:09	(60)	John J Duffy (V55)
10	1:00:58	Giffnock North AC D	14:43	(75)	Graeme Paterson (V45)	15:03	(73)	David Shaw (V45)	15:48	(70)	Russell Whittington (V45)	15:25	(67)	Ted Gourley (V55)
11	1:01:53	Central AC E	16:03	(119)	Jens Subke (V45)	15:46	(99)	Donald Shaw (V45)	14:44	(77)	Will Hensman (V40)	15:21	(70)	Ewan Jack (V45)
12	1:02:51	Fife AC C	15:23	(98)	James Hall (V40)	15:10	(83)	Paul Webb (V45)	16:07	(78)	Jimmy McIntyre (V45)	16:11	(74)	Stephen Dickson (V45)
13	1:04:28	Perth RR B	15:32	(104)	Ronnie Glen (V45)	15:08	(85)	Mark Crawford (V45)	15:46	(75)	Eddie Torrie (V50)	18:03	(78)	Kevin Rogers (V45)
14	1:04:47	Ayr Seaforth AC A	15:36	(106)	Stuart McLean (V45)	14:50	(82)	Stephen McCrorie (V45)	18:32	(101)	Stuart McColm (V50)	15:48	(81)	Alasdair Meldrum (V45)
15	1:05:07	Ayr Seaforth AC B	15:49	(113)	Simon Kirk (V45)	13:47	(69)	Kenneth Neill (V40)	17:36	(84)	Laurence Baker (V60)	17:55	(82)	Peter Laing (V55)
16	1:06:18	Central AC F	15:00	(90)	David Eckersley (V55)	16:46	(98)	Hugh Kerr (V55)	16:41	(94)	Charles Graham-Marr (V60)	17:51	(85)	Stuart Watson (V55)
17	1:07:03	Westerlands CCC	16:25	(130)	Gordon McCaffrey (V65)	16:28	(114)	Ian Thurlbeck (V55)	16:41	(104)	David Calder (V55)	17:30	(91)	Chris Furse (V50)
18	1:08:24	Lasswade B	15:39	(108)	Andrew McGlone (V50)	17:07	(113)	Peter Ness (V50)	16:55	(106)	Stephen Brown (V50)	18:42	(97)	Derrick Brydon (V45)
19	1:08:50	East Kilbride AC C	16:24	(129)	Vincent Glennon (V45)	17:01	(124)	John Edwards (V40)	18:05	(122)	Michael Carlin (V40)	17:19	(98)	Gerard O'Neil (V40)
20	1:08:58	Royal Mail Run GMC	17:21	(148)	Clem Clement (V60)	16:20	(126)	Stuart McCandless (V45)	17:42	(120)	Donnie Inglis (V50)	17:35	(99)	Robert White (V50)
21	1:10:03	Bellahouston Road Runners D	16:31	(134)	Kevin Queenan (V45)	17:47	(135)	Richard Leyton (V45)	18:01	(129)	Martin White (V45)	17:43	(103)	Henry Merriweather (V45)
22	1:10:08	Central AC G	16:14	(125)	Iain Dunsmore (V50)	16:57	(120)	Hugh Buchanan (V55)	17:52	(116)	Colin Alexander (V45)	19:04	(104)	Colin Sinclair (V50)
23	1:11:17	Edinburgh AC E	17:31	(149)	Max Carcas (V50)	18:20	(144)	Patrick Fenn (V40)	18:57	(141)	David Steele (V55)	16:29	(106)	Malcolm Parry (V45)
24	1:11:37	Lothian Running Club C	14:44	(77)	Euan McInnes (V45)	17:33	(108)	Sandy Orr (V45)	20:31	(132)	Stig Walsh (V50)	18:49	(107)	John Robertson (V55)
25	1:12:11	Falkirk Victoria Harriers D	19:51	(167)	Simon Johnston (V40)	16:44	(149)	Euan Hogarth (V45)	17:36	(140)	Mark Johnstone (V45)	18:01	(108)	Malcolm Finlayson (V50)
26	1:13:45	Carnegie Harriers	17:02	(144)	John Hynd (V55)	17:15	(134)	Alan Murray (V45)	17:59	(127)	Graeme Wilson (V55)	21:30	(112)	Stephen Greer (V60)
27	1:17:06	West End RR A	19:13	(161)	Allen Campbell (V45)	19:29	(153)	Jonathan Bell (V40)	21:03	(149)	Craig Boyle (V45)	17:22	(115)	George Clerk (V40)
28	1:19:36	Central AC H	19:18	(162)	Allan Gall (V60)	22:14	(159)	John Millar (V65)	19:27	(151)	Cameron Campbell (V60)	18:38	(117)	Liam McCabe (V55)

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 26th October

FINAL RESULTS

Cumbernauld

M50 Men

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	43:37	Perth RR A	14:10	(55)	David Knight (V50)	14:51	(55)	Stuart Robertson (V50)	14:36	(51)	Duncan Ryan (V50)
2	44:29	Cambuslang Harriers F	14:48	(81)	Chris Upson (V55)	15:11	(77)	Michael O'Hagan (V50)	14:29	(64)	Colin Donnelly (V60)
3	45:18	Cumbernauld C	14:51	(85)	Ross McEachern (V50)	15:13	(78)	Paul McMonagle (V50)	15:15	(69)	Vincent Carroll (V50)
4	46:18	Teviotdale Harriers B	14:47	(80)	Raymond Jaffray (V50)	14:44	(68)	Alastair Walker (V60)	16:46	(73)	Alan Inglis (V50)
5	46:29	Falkirk Victoria Harriers A	14:54	(87)	Michael McQuaid (V55)	15:56	(87)	Andrew Ronald (V50)	15:39	(76)	Gerry McIntosh (V55)
6	46:55	Shettleston Harriers E	15:08	(95)	Denis Williams (V55)	15:57	(94)	John Oates (V60)	15:50	(81)	Brian Scally (V50)
7	47:25	Garscube Harriers A	15:04	(93)	Rob McLennan (V60)	15:53	(89)	Robbie Drummond (V50)	16:28	(86)	Alex Chisholm (V60)
8	47:31	Bellahouston Road Runners E	15:51	(115)	Anthony McParland (V50)	15:29	(97)	Liam Conway (V50)	16:12	(88)	GERARD Scullion (V50)
9	47:33	Edinburgh AC C	15:28	(100)	Daniel Rivera (V50)	16:39	(106)	Gavin Phillip (V50)	15:27	(89)	Martin Ferguson (V55)
10	48:27	Central AC F	15:00	(90)	David Eckersley (V55)	16:46	(98)	Hugh Kerr (V55)	16:41	(94)	Charles Graham-Marr (V60)
11	48:41	Corstorphine AAC E	14:38	(72)	Stuart Campbell (V50)	16:28	(95)	David Arnott (V50)	17:35	(98)	Michael Connelly (V55)
12	49:21	VP-Glasgow AC B	16:27	(132)	Peter Jardine (V50)	16:16	(112)	Gerard Craig (V50)	16:39	(102)	Alex Potter (V55)
13	49:26	Metro Aberdeen RC D	16:45	(140)	Keith Farquhar (V55)	17:22	(131)	Andy Redman (V55)	15:19	(103)	Nick Milovsorov (V55)
14	49:33	Westerlands CCC	16:25	(130)	Gordon McCaffrey (V65)	16:28	(114)	Ian Thurlbeck (V55)	16:41	(104)	David Calder (V55)
15	49:37	Cambuslang Harriers G	16:25	(131)	Daniel O'Connell (V50)	16:11	(111)	Des Dickson (V60)	17:02	(105)	Francis Hurley (V65)
16	49:41	Lasswade B	15:39	(108)	Andrew McGlone (V50)	17:07	(113)	Peter Ness (V50)	16:55	(106)	Stephen Brown (V50)
17	50:13	Lothian Running Club A	16:21	(128)	(Maxwell) Stewart Laing (V55)	16:07	(109)	Brian Lees (V55)	17:45	(110)	Harry Mulholland (V55)
18	50:37	Portobello Running Club B	16:06	(121)	Mark Upward (V50)	16:22	(110)	William Jarvie (V60)	18:08	(114)	Roland McCraw (V50)
19	51:14	Dundee Hawkhill Harriers C	16:36	(136)	Nigel Reynolds (V55)	17:11	(129)	Raymond Tully (V50)	17:28	(118)	Norry Passway (V55)
20	51:30	Gala Harriers B	16:12	(123)	Neil Christie (V50)	17:59	(132)	William McCulloch (V60)	17:20	(121)	Anthony Lunn (V50)
21	51:49	Bellahouston Road Runners F	16:14	(124)	Kenneth Crawford (V50)	18:27	(139)	Stuart Brownhill (V50)	17:08	(124)	Tom Ferris (V50)
22	52:10	Lothian Running Club B	17:39	(151)	Andrew Corrigan (V50)	17:10	(140)	Dougie Hunter (V55)	17:21	(125)	George Gilhooley (V55)
23	53:33	West End RR B	16:42	(137)	Graeme Jack (V50)	19:13	(145)	James Speakman (V50)	17:38	(138)	Joseph Lennon (V65)
24	53:36	Calderglen Harriers A	17:57	(154)	Jim Holmes (V50)	19:04	(150)	George Ferguson (V55)	16:35	(139)	Allan McLellan (V60)
25	1:00:58	Central AC H	19:18	(162)	Allan Gall (V60)	22:14	(159)	John Millar (V65)	19:27	(151)	Cameron Campbell (V60)
26	1:06:58	Ferranti AAC	18:38	(158)	Grant Sellar (V55)	22:42	(158)	Keith Weston (V70)	25:38	(153)	Eddie McDonald (V70)

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 26th October

FINAL RESULTS

Cumbernauld

			Men Fastest Laps	
Rank	Time	Athlete	Club	Age
1	11:49	Jonathan Glen	Inverclyde AC A	
2	11:59	Jamie Crowe	Central AC A	
3	12:08	Sol Sweeney	Glasgow University Hares and Hounds A	
4	12:12	Cameron Milne	Central AC A	
5	12:13	Callum Hawkins	Kilbarchan AAC A	
6	12:16	Lachlan Oates	Shettleston Harriers A	
7	12:17	Andrew Douglas	Inverclyde AC A	
8	12:19	Alastair Hay	Central AC A	
9	12:21	Cameron Wright	Kilbarchan AAC A	U20
10	12:22	Kevin Wood	Fife AC A	
11	12:23	Michael Ferguson	Aberdeen AAC A	
12	12:25	Michael Christoforou	Edinburgh AC A	
13	12:27	Calum McKenzie	Corstorphine AAC A	
14	12:28	Connor Maclean	Kilbarchan AAC A	
15	12:31	Hamish Armit	Giffnock North AC A	U20
16	12:31	Hamish Hickey	Central AC B	U20
17	12:33	Weynay Ghebreselassie	Shettleston Harriers A	
18	12:33	James Gillon	Law & District AAC A	U20
19	12:34	Cameron Strachan	Metro Aberdeen RC A	
20	12:36	Fraser Stewart	Cambuslang Harriers A	

Rank	Time	Athlete	Club	Age
1	12:21	Cameron Wright	Kilbarchan AAC A	U20
2	12:31	Hamish Armit	Giffnock North AC A	U20
3	12:31	Hamish Hickey	Central AC B	U20
4	12:33	James Gillon	Law & District AAC A	U20
5	12:37	Callum Tharme	Edinburgh Univ Hare and Hounds A	U20
6	12:38	Kristof Hornyik	Dundee Hawkhill Harriers A	U20
7	12:40	Tom Berry	Garscube Harriers C	U20
8	12:42	Tom Graham-Marr	Central AC C	U20
9	12:46	Joe Ewing	Edinburgh AC A	U20
10	12:46	Christian Graham	Lasswade A	U20
11	12:53	Ben MacMillan	Central AC B	U20
12	12:53	Cameron Watson	Inverclyde AC B	U20
13	12:56	Ronain Maguire	Glasgow University Hares and Hounds B	U20
14	12:58	Andrew MacAngus	Kilbarchan AAC A	U20
15	13:02	Jamie Burns	Shettleston Harriers A	U20
16	13:04	Adam Brown	Aberdeen AAC A	U20
17	13:08	Sunny Mcgrath	Aberdeen AAC A	U20
18	13:18	Adam Hay	Inverclyde AC A	U20
19	13:22	Ryan Donnelly	Cambuslang Harriers B	U20
20	13:23	Ben Shaw	Giffnock North AC A	U20

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 26th October

FINAL RESULTS

Cumbernauld

Men Fastest Laps

Rank	Time	Athlete	Club	Age
1	13:13	Grant Baillie	East Kilbride AC A	V40
2	13:30	Paul Sorrie	Shettleston Harriers D	V40
3	13:30	Stuart McGeachy	Cambuslang Harriers E	V40
4	13:36	Malcolm Lang	Corstorphine AAC C	V40
5	13:37	Moray Anderson	Corstorphine AAC C	V40
6	13:39	Leon Johnson	Edinburgh AC H	V40
7	13:40	Stephen Wylie	Cambuslang Harriers E	V45
8	13:40	Jim Tole	Metro Aberdeen RC B	V40
9	13:47	Jamie Reid	Cambuslang Harriers E	V45
10	13:47	Kenneth Neill	Ayr Seaforth AC B	V40
11	13:50	Tom Ferrington	Corstorphine AAC C	V40
12	13:52	Stuart Johnston	Edinburgh AC H	V40
13	13:56	Alastair Brockie	Corstorphine AAC D	V40
14	13:57	Andrew Harkins	Inverclyde AC C	V40
15	13:57	John Coyle	Garscube Harriers B	V45
16	14:01	Andrew Campbell	Bellahouston Road Runners A	V45
17	14:02	Darran Muir	Law & District AAC A	V40
18	14:03	Robert Sellar	PH Racing Club A	V40
19	14:04	Steven Campbell	Greenock Glenpark Harriers A	V45
20	14:06	Gordon Barrie	Dundee Hawkhill Harriers A	V45

Rank	Time	Athlete	Club	Age
1	13:48	David Gardiner	Motherwell AC A	V50
2	14:10	David Knight	Perth RR A	V50
3	14:29	Colin Donnelly	Cambuslang Harriers F	V60
4	14:36	Duncan Ryan	Perth RR A	V50
5	14:38	Stuart Campbell	Corstorphine AAC E	V50
6	14:42	Paul Rogan	Moray RR A	V50
7	14:44	Alastair Walker	Teviotdale Harriers B	V60
8	14:47	Stephen Allen	Motherwell AC A	V50
9	14:47	Raymond Jaffray	Teviotdale Harriers B	V50
10	14:48	Chris Upson	Cambuslang Harriers F	V55
11	14:51	Ross McEachern	Cumbernauld C	V50
12	14:51	Stuart Robertson	Perth RR A	V50
13	14:54	Michael McQuaid	Falkirk Victoria Harriers A	V55
14	15:00	David Eckersley	Central AC F	V55
15	15:04	Rob McLennan	Garscube Harriers A	V60
16	15:08	Denis Williams	Shettleston Harriers E	V55
17	15:11	Michael O'Hagan	Cambuslang Harriers F	V50
18	15:13	Paul McMonagle	Cumbernauld C	V50
19	15:15	Vincent Carroll	Cumbernauld C	V50
20	15:19	Nick Milovsorov	Metro Aberdeen RC D	V55

Saturday 26th October

Lindsays scottishathletics National Cross Country Relay Championships

FINAL RESULTS

Cumbernauld

SenJun Female

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
1	58:40	Edinburgh Univ Hare and Hounds A	14:38	(7)	Rebecca Johnson	14:40	(1)	Constance Nankivell (U20)	15:02	(1)	Eilidh Jaffray (U20)	14:20	(1)	Holly Page (U20)
2	59:59	Edinburgh AC A	14:39	(8)	Lauren Wilson	15:08	(4)	Lauren Stoddart	14:47	(2)	Hannah Cameron	15:25	(2)	Rebecca Frake
3	1:00:07	Giffnock North AC A	14:41	(9)	Rhona Mowat (U20)	15:27	(7)	Yvonne McNairn	15:21	(5)	Katy Brown	14:38	(3)	Erin Wallace (U20)
4	1:00:08	Inverness Harriers AC	16:13	(27)	Heather Campbell	15:03	(12)	Emily Andrew (U20)	15:10	(10)	Gemma Cormack	13:42	(4)	Megan Keith (U20)
5	1:00:20	Edinburgh Univ Hare and Hounds B	14:13	(3)	Zoe Pflug (U20)	15:42	(5)	Polly Edwards	15:19	(4)	Laura Stark	15:05	(5)	Niamh Carr (U20)
6	1:00:38	Fife AC A	13:59	(1)	Jenny Selman	15:41	(3)	Laura Gibson	14:56	(3)	Jennifer Spence	16:03	(6)	Sheena Logan
7	1:01:07	Shettleston Harriers A	15:22	(14)	Kathryn Pennel	15:25	(9)	Avril Mason (V45)	15:00	(6)	Kayleigh Jarrett	15:21	(7)	Ruth Joss
8	1:01:44	VP-Glasgow AC	16:11	(26)	Mhairi Hendry	14:45	(10)	Holly Little (U20)	15:21	(8)	Philippa Millage	15:28	(8)	Stephanie Lawrie
9	1:01:51	Glasgow University Hares and Hounds A	14:11	(2)	Eloise Walker (U20)	15:18	(2)	Aoife Carr	16:28	(7)	Rebecca Gilchrist	15:54	(9)	Clare Stewart (U20)
10	1:02:57	Edinburgh AC B	15:35	(17)	Elaine Eadie	16:03	(15)	Jocelyn Moar	15:47	(12)	Jennifer MacLean (V45)	15:32	(10)	Chloe Cox
11	1:02:57	Edinburgh Univ Hare and Hounds C	15:41	(18)	Hannah Morrison (U20)	16:04	(16)	Alexandra Kiltie (U20)	15:20	(11)	Rona Tytler (U20)	15:52	(11)	Carolyn Cameron (U20)
12	1:03:15	Falkirk Victoria Harriers A	14:55	(11)	Freya Ross	16:06	(11)	Fiona Matheson (V55)	16:45	(13)	Claire Moffett	15:30	(12)	Olivia Vareille (U20)
13	1:05:09	Lasswade A	14:34	(6)	Amy Frankland	15:27	(6)	Keira Gore	16:16	(9)	Ailsa Innes (U20)	18:52	(13)	Rachel Fagan (V45)
14	1:05:31	Fife AC B	16:03	(23)	Jennifer Cruickshanks	15:58	(18)	Amie Watt	15:50	(14)	Ailsa Cruickshanks	17:40	(14)	Katie Jones
15	1:05:34	Kilbarchan AAC A	16:43	(34)	Laine Alemu (U20)	14:44	(14)	Kerry MacAngus	16:58	(15)	Libby Sutherland (U20)	17:10	(15)	Eilidh Gibson (U20)
16	1:06:09	Garscube Harriers A	15:12	(12)	Katie White	16:47	(17)	Laura Gray	16:53	(16)	Yvonne Burgess (V40)	17:16	(16)	Gillian Blee
17	1:06:27	Aberdeen AAC A	15:51	(19)	Nuala McCheyne (U20)	17:08	(24)	Cliona McCheyne (U20)	17:04	(19)	Anne Howie (V55)	16:24	(17)	Holly Morrison
18	1:06:35	Gala Harriers A	15:27	(15)	Sara Green	17:55	(25)	Gillian Duncan (V45)	16:16	(18)	Lizzie Macleish	16:57	(18)	Julia Johnstone (V45)
19	1:06:59	Glasgow University Hares and Hounds B	16:35	(32)	Hannah Gilchrist	17:31	(30)	Sophie Chisholm (U20)	16:36	(22)	Isabella Sheldon	16:17	(19)	Alicia Paton
20	1:07:52	Strathclyde Uni A	15:52	(20)	Emily McNicol	17:32	(26)	Joanna Gillies (U20)	17:27	(23)	Katy McGonigal (U20)	17:01	(20)	Madeleine Watson
21	1:08:17	Central AC A	17:19	(43)	Natalie Stewart	16:18	(29)	Claire Houston	17:37	(24)	Kirsten Samara McStay	17:03	(21)	Amy Hendry
22	1:09:34	Bellahouston Road Runners A	14:48	(10)	Catriona MacDonald	17:40	(22)	Laura Henderson	19:35	(26)	Camilla Cunningham	17:31	(22)	Isla McIntosh
23	1:09:50	Stirling Univesity	15:14	(13)	Sarah Tait	17:04	(20)	Sophie Young (U20)	20:13	(29)	Emma Simper	17:19	(23)	Mhairi Watret (U20)
24	1:09:52	Dumbarton AAC	16:15	(29)	Nikki Lyons	17:10	(27)	Charlene Kelly	19:22	(30)	Fiona Carmichael	17:04	(24)	Melissa Wylie (V50)
25	1:10:13	Bellahouston Harriers A	17:23	(45)	Katherine Hylands	17:18	(36)	Natasha Gilmour	17:10	(25)	Beth Caldwell	18:22	(25)	Rebecca SImister
26	1:10:18	Lothian Running Club A	17:03	(40)	Mhairi Inglis	18:23	(43)	Claire Harris	17:26	(32)	Christine MacVarish (V45)	17:25	(26)	Yvonne Crilly (V55)
27	1:10:51	Giffnock North AC C	17:02	(39)	Shona Donnelly (V50)	17:18	(33)	Kathleen McLachlan (V40)	19:12	(35)	Angela Carson (V50)	17:18	(27)	Emily Crusher (U20)
28	1:10:56	West End RR A	16:08	(25)	Ana Richardson (V50)	18:03	(31)	Karen Patel (V45)	18:40	(31)	Cordelia O'Neill	18:04	(28)	Rhona Proctor
29	1:11:45	Glasgow University Hares and Hounds C	17:52	(54)	Zoe Graham (U20)	17:06	(39)	Mikaela Hannam	18:20	(33)	Emma Hunter	18:26	(29)	Alice Robertson (U20)
30	1:11:56	Garscube Harriers B	17:48	(53)	Holly Maciver	17:14	(40)	Emma Blair	18:38	(36)	Martha Lovatt	18:17	(30)	Alison Wood

Saturday 26th October

Lindsays scottishathletics National Cross Country Relay Championships

FINAL RESULTS

Cumbernauld

Sen/Jun Female

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
31	1:13:18	Falkirk Victoria Harriers B	17:47	(51)	Lorna Kennedy (V40)	17:48	(45)	Eilidh McCallum (U20)	18:15	(40)	Roisin Fulton (V40)	19:27	(31)	Claire Campbell-Swan
32	1:13:22	Kirkintilloch Olympians A	17:10	(42)	Anne Marie McGregor (V45)	17:41	(37)	Elaine Hogg (V50)	18:53	(39)	Marie McChord (V60)	19:38	(32)	Runner 346D
33	1:13:34	East Kilbride AC A	17:08	(41)	Kelly Baillie (V40)	18:30	(46)	Vivien Thorpe (V40)	19:36	(45)	Olivia Steven	18:19	(33)	Kay Conneff (V40)
34	1:13:53	Central AC B	18:29	(62)	Lauren McCulloch (U20)	18:36	(57)	Julia McAfee (V45)	18:42	(50)	Becky Hay	18:06	(34)	Elizabeth Thompson (U20)
35	1:14:36	Dundee Hawkhill Harriers A	18:11	(59)	S King (U20)	18:10	(50)	Catherine Matthews (V45)	18:31	(43)	Danielle MacDermid (U20)	19:44	(35)	Rhonda Manning (V50)
36	1:15:00	Portobello Running Club	16:00	(22)	Laura Blazey	20:17	(49)	Jenni Owens (V40)	20:10	(52)	Julie Moffat (V50)	18:34	(36)	Dorothy Mathie (V45)
37	1:15:29	Dundee RR	19:11	(72)	Alison Gelly (V50)	17:21	(53)	Louise Menzies (V40)	20:11	(56)	Janet Murray	18:47	(37)	Morag Taggart (V60)
38	1:15:46	Strathclyde Uni B	18:20	(61)	Sarah Paterson	19:26	(62)	Marie-Louise Slater	18:49	(55)	Gabriela Hulová	19:11	(38)	Lucy Cameron
39	1:16:36	Greenock Glenpark Harriers A	18:34	(63)	Donna Campbell (V40)	19:41	(64)	Cheryl Thomas	18:37	(57)	Nicola Marie Stevenson	19:43	(39)	Lynsey Mooney
40	1:17:39	Corstorphine AAC B	17:48	(52)	Jilly McKay	17:45	(44)	Megan Smith	20:50	(51)	Catriona Finlayson (V40)	21:16	(40)	Mhairi Bagnall (V45)
41	1:17:39	Cambuslang Harriers	19:07	(70)	Alexandra Lamond	17:38	(54)	Carole Setchell	18:32	(46)	Lynn Angely (V45)	22:23	(41)	Rachel Wardrope (U20)
42	1:17:46	Shettleston Harriers B	15:54	(21)	Jennifer Martin	18:31	(34)	Hannah Lynch (U20)	20:04	(42)	Emma Purdie (U20)	23:16	(42)	Jodie Waite
43	1:18:11	Westerlands CCC	16:45	(35)	Ellie Homewood (V40)	16:48	(28)	Lucinda Beresford	26:59	(67)	Sharon Taylor (V55)	17:39	(43)	Cat Fisher (V40)
44	1:18:35	Bellahouston Harriers B	18:38	(64)	Robyn Millar	19:07	(61)	Emily Jackson	19:31	(59)	Claire Fitzsimmons	21:19	(44)	Karen Rosling
45	1:19:43	Perth RR A	19:01	(69)	Olivia Streatfeild-James	22:02	(77)	Stephanie Boyd	19:37	(68)	Tessa Ward (V50)	19:03	(45)	Samantha Newington (V45)
46	1:20:25	Pitreavie AAC A	20:27	(85)	Isla Hopkins	18:44	(70)	Zoe Nicholson (U20)	20:19	(65)	Morna Fleming (V65)	20:55	(46)	Nicola Moriarty (V45)
47	1:21:10	Kirkintilloch Olympians B	19:27	(76)	Marina McCallum (V45)	19:35	(68)	Ada Stewart (V55)	21:04	(66)	Vivien Fraser (V50)	21:04	(47)	S MacNab (V55)
48	1:21:16	Kilmarnock H&AC	17:21	(44)	Kirsty Alexander (V45)	19:39	(56)	Paula Wilson (V50)	20:27	(60)	Amanda Bryden	23:49	(48)	Sandra Dickson (V50)
49	1:24:49	Garscube Harriers C	19:45	(80)	Kirsten Mathew	18:54	(66)	Marian Kelly	24:44	(75)	Elizabeth Short (V45)	21:27	(49)	Melanie Carmichael
50	1:25:11	East Kilbride AC B	19:31	(77)	Gemma Kirwan (V45)	21:10	(76)	Rachael Thomson	22:25	(73)	Lorna Edwards (V45)	22:04	(50)	Anne CAIRNS (V50)
51	1:27:33	Greenock Glenpark Harriers B	20:18	(83)	Marianne McKay (V40)	20:46	(78)	Heather Lafferty (V40)	22:05	(74)	Eileen Stevenson (V50)	24:24	(51)	Nathalie Smith (V40)

Saturday 26th October

Lindsays scottishathletics National Cross Country Relay Championships

FINAL RESULTS

SenJun Female

Cumbernauld

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos	Athlete
	1:05:39	West End RR B	19:20	(74)	Nat King	23:52	(84)	Tracy Longhurst	22:27	(82)	Sarah Jones			
	1:03:33	Harmony AC B	23:37	(95)	Elaine Sandeman (V60)	19:51	(86)	Kim Kenny	20:05	(77)	Nicola McGuire (V40)			
	1:02:56	Law & District AAC	18:03	(57)	Runner 350A	20:09	(63)	Margaret Newell	24:44	(72)	Pamela Newell (U20)			
	1:02:41	Bellahouston Road Runners D	21:43	(89)	Kelly Ludwig (V40)	21:43	(85)	Lisa Taylor	19:14	(71)	Pauline Wright (V45)			
	57:01	VP-Glasgow AC B	17:45	(49)	Emma Gilmour (U20)	21:25	(69)	Tamara Kennedy (V40)	17:52	(58)	Donna Finlayson			
	55:26	Calderglen Harriers	17:43	(48)	Kirsty Wilson	17:11	(38)	Karen Allen	20:32	(48)	Lorraine Buchanan (V40)			
	52:14	Springburn Harriers A	14:30	(5)	Michelle Sandison	16:07	(8)	Hannah Terrance	21:37	(27)	Lynsey Currie			
	50:05	Ayr Seaforth AC A	17:38	(46)	Gael Neill (V40)	16:49	(35)	Laura Wallace	15:38	(20)	Toni McIntosh			
	49:11	Giffnock North AC B	15:33	(16)	Jill Smylie	16:41	(19)	Mary McCutcheon (V50)	16:57	(17)	Clare Wallace (U20)			
	48:14	Pitreevie AAC B	26:17	(97)	Deborah COOPER (V60)	21:57	(90)	Penny Hicks (V55)						
	41:09	Ferranti AAC B	19:19	(73)	Kate Kitchin (V40)	21:50	(79)	Julia Loecherbach						
	39:38	Falkirk Victoria Harriers C	20:15	(82)	Monica Anderson (V50)	19:23	(73)	Nicola Flynn (V45)						
	36:28	Glasgow University Hares and Hounds D	18:41	(67)	Vera Maria	17:46	(51)	Elizabeth Barreiro						
	32:31	PH Racing Club	16:15	(28)	Karen Kennedy (V45)	16:16	(23)	Alison McGill						
	31:25	Inverclyde AC A	14:15	(4)	Nynke Mulholland	17:10	(13)	Chloe Macdonald						
	23:11	Central AC C	23:11	(94)	Alison Curry (V50)									
	22:33	Carnegie Harriers B	22:33	(92)	Zuleika Brett (V40)									
	21:38	Fife AC C	21:38	(88)	Katie Garner									
	18:38	Kilbarchan AAC C	18:38	(65)	Sandra Houldsworth (V40)									
	16:57	Hunters Bog Trotters A	16:57	(38)	Cat Magill									
	16:50	Edinburgh AC C	16:50	(37)	Beatrice Winkler (U20)									

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 26th October

Cumbernauld

FINAL RESULTS

Masters Teams

Masters Women Teams

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	50:13	Bellahouston Road Runners B	16:03	(24)	Ann Robin (V40)	16:19	(21)	Louise Ross (V40)	17:51	(21)	Jane McNeilly (V40)
2	52:26	Kilbarchan AAC B	16:25	(30)	Sharon Hastie (V40)	17:53	(32)	Joanne McDowall (V40)	18:08	(28)	Caroline Cochran (V45)
3	53:39	Fife AC D	16:42	(33)	Michaela McLean (V40)	18:24	(41)	Elise Methven (V45)	18:34	(37)	Angela Howe (V45)
4	53:41	Perth RR B	18:07	(58)	Fabienne Thompson (V50)	17:43	(47)	Claire Douglas (V45)	17:51	(38)	Lorraine MacPherson (V40)
5	54:17	Garscube Harriers D	18:03	(56)	Debbie Martin-Consani (V40)	17:19	(42)	Mary Senior (V45)	18:55	(41)	Aileen Wilson (V45)
6	55:34	Bellahouston Harriers C	17:39	(47)	Jayne Macnamara (V45)	19:36	(58)	Claire McCormick (V50)	18:20	(49)	Claire McCracken (V45)
7	56:35	Harmeny AC A	16:50	(36)	Fiona Zeiner (V45)	20:05	(55)	Lesley Muego (V45)	19:40	(54)	Lorna Broadhurst (V55)
8	57:58	Garscube Harriers E	19:08	(71)	Kathryn Scott (V55)	20:06	(71)	Mary Cox (V60)	18:44	(61)	Morag Casey (V45)
9	58:18	Ochil Hill Runners	19:41	(79)	Mairi Mcintosh (V50)	19:09	(67)	Helen Winton (V55)	19:28	(62)	Karen Kealey (V45)
10	58:21	West End RR C	18:38	(66)	Suzanne Fletcher (V45)	19:43	(65)	Isobel McFarlane (V45)	20:00	(63)	Lindsey Shields Waters (V50)
11	1:01:20	Bellahouston Harriers D	18:53	(68)	Marie-Louise Carrick (V40)	20:38	(72)	Tania Duffy (V45)	21:49	(69)	Stephanie Rudd (V45)
12	1:05:05	Teviotdale Harriers	20:25	(84)	Kirsty Hughes (V40)	23:08	(87)	Ann Aitken (V50)	21:32	(79)	Pauline McAdam (V60)
13	1:05:08	West End RR D	22:56	(93)	Margaret McCartney (V45)	21:44	(89)	Raghd Musleh (V40)	20:27	(80)	Beth Murrison (V40)
14	1:09:41	Bellahouston Harriers E	21:52	(91)	June MacLeod (V60)	22:45	(88)	Gillian Glass (V45)	25:04	(84)	Deirdre Hoyle (V65)
15	1:14:28	Perth RR C	24:14	(96)	Bothwell Bothwell (V60)	26:41	(91)	Sarah Swan (V50)	23:33	(85)	Rhona Henderson (V45)

Masters Women 50 Teams

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	53:27	Edinburgh AC D	16:33	(31)	Susan Ridley (V50)	19:30	(48)	Sharyn Ramage (V55)	17:24	(34)	Jill Morrow (V50)
2	55:00	Central AC D	18:17	(60)	Hazel Dean (V55)	19:22	(60)	Jane Waterhouse (V65)	17:21	(44)	Patricia Milne (V55)
3	55:22	Fife AC E	17:45	(50)	Mary Western (V55)	18:45	(52)	Margaret Martin (V60)	18:53	(47)	Nanette Heaney (V60)
4	56:33	Springburn Harriers B	17:58	(55)	Carole Craig (V50)	19:33	(59)	Jeanette Craig (V65)	19:02	(53)	Barbara Knox (V55)
5	58:58	Corstorphine AAC A	19:22	(75)	Sarah Ledingham (V50)	20:27	(74)	MCC Cemborain (V50)	19:09	(64)	Janet Grigor (V50)
6	1:02:00	Carnegie Harriers A	20:44	(86)	Gail Beveridge (V55)	22:23	(83)	Kathy Hill (V50)	18:52	(70)	Joy Gudgin (V55)
7	1:03:30	Dundee Hawkhill Harriers B	19:39	(78)	Catriona Reynolds (V50)	20:25	(75)	Tracey Passway (V50)	23:26	(76)	Gillian Hernandez (V50)
8	1:04:03	Bellahouston Road Runners C	20:49	(87)	Rhoda Yarmahmoudi (V55)	22:17	(82)	Lynne Goldie (V50)	20:57	(78)	Roz Wilson (V50)
9	1:05:22	Bellahouston Harriers F	21:50	(90)	Anne Williamson (V55)	21:08	(81)	Linda Wood (V50)	22:23	(81)	Kathryn Burningham (V55)
10	1:05:50	Ferranti AAC A	19:55	(81)	Claire Gilchrist (V50)	21:55	(80)	Siobhan Sellar (V50)	24:00	(83)	Elizabeth Gilchrist (V75)

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 26th October

FINAL RESULTS

Cumbernauld

Fastest Laps				
Rank	Time	Athlete	Club	Age
1	13:42	Megan Keith	Inverness Harriers AC	U20
2	13:59	Jenny Selman	Fife AC A	
3	14:11	Eloise Walker	Glasgow University Hares and Hounds A	U20
4	14:13	Zoe Pflug	Edinburgh Univ Hare and Hounds B	U20
5	14:15	Nynke Mulholland	Inverclyde AC A	
6	14:20	Holly Page	Edinburgh Univ Hare and Hounds A	U20
7	14:30	Michelle Sandison	Springburn Harriers A	
8	14:34	Amy Frankland	Lasswade A	
9	14:38	Rebecca Johnson	Edinburgh Univ Hare and Hounds A	
10	14:38	Erin Wallace	Giffnock North AC A	U20
11	14:39	Lauren Wilson	Edinburgh AC A	
12	14:40	Constance Nankivell	Edinburgh Univ Hare and Hounds A	U20
13	14:41	Rhona Mowat	Giffnock North AC A	U20
14	14:44	Kerry MacAngus	Kilbarchan AAC A	
15	14:45	Holly Little	VP-Glasgow AC	U20
16	14:47	Hannah Cameron	Edinburgh AC A	
17	14:48	Catriona MacDonald	Bellahouston Road Runners A	
18	14:55	Freya Ross	Falkirk Victoria Harriers A	
19	14:56	Jennifer Spence	Fife AC A	
20	15:00	Kayleigh Jarrett	Shettleston Harriers A	

Rank	Time	Athlete	Club	Age
1	13:42	Megan Keith	Inverness Harriers AC	U20
2	14:11	Eloise Walker	Glasgow University Hares and Hounds A	U20
3	14:13	Zoe Pflug	Edinburgh Univ Hare and Hounds B	U20
4	14:20	Holly Page	Edinburgh Univ Hare and Hounds A	U20
5	14:38	Erin Wallace	Giffnock North AC A	U20
6	14:40	Constance Nankivell	Edinburgh Univ Hare and Hounds A	U20
7	14:41	Rhona Mowat	Giffnock North AC A	U20
8	14:45	Holly Little	VP-Glasgow AC	U20
9	15:02	Eilidh Jaffray	Edinburgh Univ Hare and Hounds A	U20
10	15:03	Emily Andrew	Inverness Harriers AC	U20
11	15:05	Niamh Carr	Edinburgh Univ Hare and Hounds B	U20
12	15:20	Rona Tytler	Edinburgh Univ Hare and Hounds C	U20
13	15:30	Olivia Vareille	Falkirk Victoria Harriers A	U20
14	15:41	Hannah Morrison	Edinburgh Univ Hare and Hounds C	U20
15	15:51	Nuala McCheyne	Aberdeen AAC A	U20
16	15:52	Carolyn Cameron	Edinburgh Univ Hare and Hounds C	U20
17	15:54	Clare Stewart	Glasgow University Hares and Hounds A	U20
18	16:04	Alexandra Kiltie	Edinburgh Univ Hare and Hounds C	U20
19	16:16	Ailsa Innes	Lasswade A	U20
20	16:43	Laine Alemu	Kilbarchan AAC A	U20

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 26th October

FINAL RESULTS

Cumbernauld

Fastest Laps

Rank	Time	Athlete	Club	Age
1	15:25	Avril Mason	Shettleston Harriers A	V45
2	15:47	Jennifer MacLean	Edinburgh AC B	V45
3	16:03	Ann Robin	Bellahouston Road Runners B	V40
4	16:15	Karen Kennedy	PH Racing Club	V45
5	16:19	Louise Ross	Bellahouston Road Runners B	V40
6	16:25	Sharon Hastie	Kilbarchan AAC B	V40
7	16:42	Michaela McLean	Fife AC D	V40
8	16:45	Ellie Homewood	Westerlands CCC	V40
9	16:50	Fiona Zeiner	Harmeny AC A	V45
10	16:53	Yvonne Burgess	Garscube Harriers A	V40
11	16:57	Julia Johnstone	Gala Harriers A	V45
12	17:08	Kelly Baillie	East Kilbride AC A	V40
13	17:10	Anne Marie McGregor	Kirkintilloch Olympians A	V45
14	17:18	Kathleen McLachlan	Giffnock North AC C	V40
15	17:19	Mary Senior	Garscube Harriers D	V45
16	17:21	Louise Menzies	Dundee RR	V40
17	17:21	Kirsty Alexander	Kilmarnock H&AC	V45
18	17:26	Christine MacVarish	Lothian Running Club A	V45
19	17:38	Gael Neill	Ayr Seaforth AC A	V40
20	17:39	Jayne Macnamara	Bellahouston Harriers C	V45

Rank	Time	Athlete	Club	Age
1	15:14	C Craig	Stirling Univesity	V50
2	16:06	Fiona Matheson	Falkirk Victoria Harriers A	V55
3	16:08	Ana Richardson	West End RR A	V50
4	16:33	Susan Ridley	Edinburgh AC D	V50
5	16:41	Mary McCutcheon	Giffnock North AC B	V50
6	17:02	Shona Donnelly	Giffnock North AC C	V50
7	17:04	Melissa Wylie	Dumbarton AAC	V50
8	17:04	Anne Howie	Aberdeen AAC A	V55
9	17:21	Patricia Milne	Central AC D	V55
10	17:24	Jill Morrow	Edinburgh AC D	V50
11	17:25	Yvonne Crilly	Lothian Running Club A	V55
12	17:41	Elaine Hogg	Kirkintilloch Olympians A	V50
13	17:45	Mary Western	Fife AC E	V55
14	17:58	Carole Craig	Springburn Harriers B	V50
15	18:07	Fabienne Thompson	Perth RR B	V50
16	18:17	Hazel Dean	Central AC D	V55
17	18:45	Margaret Martin	Fife AC E	V60
18	18:47	Morag Taggart	Dundee RR	V60
19	18:52	Joy Gudgin	Carnegie Harriers A	V55
20	18:53	Nanette Heaney	Fife AC E	V60

Saturday 26th October

Lindsays scottishathletics National Cross Country Relays

FINAL RESULTS

Cumbernauld

						Young Males					
Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	26:47	Giffnock North AC A	9:27	(1)	Craig Shennan (U13)	8:49	(1)	Reuben Macdonald (U15)	8:31	(1)	Harris Paterson (U17)
2	27:19	Fife AC A	9:57	(14)	Archie Suttie (U13)	8:57	(5)	Struan Bennet (U15)	8:25	(2)	Ben Sandilands (U17)
3	27:21	Central AC A	9:49	(9)	Aaron Middleton (U13)	8:41	(2)	Connor Bell (U15)	8:51	(3)	Cameron Kerr (U15)
4	27:25	Giffnock North AC B	9:31	(2)	Alasdair Nugent (U13)	9:05	(4)	Cameron Deverill (U15)	8:50	(4)	Ross O'brien (U17)
5	27:54	Giffnock North AC C	9:38	(4)	Calan Chong (U13)	9:21	(7)	Hugh Shiels (U15)	8:55	(5)	Jacob Luc (U17)
6	27:55	Team East Lothian A	9:35	(3)	Innes Wright (U13)	8:59	(3)	Angus Wright (U15)	9:21	(6)	Robbie Anderson (U17)
7	27:56	Giffnock North AC E	9:51	(10)	Jack Wallace (U13)	9:11	(9)	Cameron Green (U15)	8:55	(7)	Blayne Wright (U17)
8	28:11	Edinburgh AC A	9:40	(5)	Dylan Daunt (U13)	9:46	(11)	Robert Newman (U15)	8:45	(8)	Hugh Morrow (U17)
9	28:20	Greenock Glenpark Harriers A	10:19	(25)	David Docherty (U13)	9:37	(24)	Ben Campbell (U15)	8:23	(9)	Harry Lloyd McGill (U17)
10	28:23	Corstorphine AAC A	10:32	(35)	Rory Mclean (U13)	9:22	(22)	Patrick Milne (U15)	8:30	(10)	David Addison (U17)
11	28:25	Inverclyde AC A	10:14	(21)	Oliver Wagstaff (U13)	9:39	(19)	Tayven Adamson (U15)	8:33	(11)	Peter Bradshaw (U17)
12	28:28	Harmeny AC	9:57	(13)	Matthew Holden (U13)	9:36	(12)	Alasdair Wallace (U15)	8:55	(12)	Tendai Nyabadza (U15)
13	28:30	Kilmarnock H&AC A	9:48	(8)	Sam Rice (U13)	9:10	(6)	Jamie Phillips (U15)	9:32	(13)	Davie Houston (U17)
14	28:33	Livingston A	10:59	(63)	Moray Butler (U13)	9:10	(32)	Logan Beagley (U15)	8:24	(14)	Andrew McGill (U17)
15	28:36	Inverness Harriers AC A	10:35	(39)	Michael Miller (U13)	9:30	(29)	Jake Henderson (U15)	8:32	(15)	Lucas Cairns (U17)
16	28:42	Teviotdale Harriers A	9:52	(12)	Irvine Welsh (U13)	9:09	(8)	Conan Harper (U15)	9:41	(16)	Calum Renwick (U15)
17	28:44	Giffnock North AC D	10:00	(16)	Oliver Bryers (U13)	9:47	(16)	Michael Nolan (U15)	8:56	(17)	Ethan Carolan (U17)
18	28:45	Perth Strathtay Harriers A	10:01	(17)	Struan Gatherer (U13)	9:14	(10)	Lewis Thomson (U15)	9:30	(18)	James Grant (U17)
19	28:47	Aberdeen AAC A	10:28	(31)	Dylan Pearson (U13)	9:12	(14)	Hamish McKay (U15)	9:07	(19)	Lewis Watt (U17)
20	28:48	Garscube Harriers A	10:11	(20)	Rory Treharne (U13)	9:44	(23)	Charlie Treharne (U15)	8:53	(20)	James Connelly (U17)
21	28:50	Lasswade A	10:03	(18)	Rowan Taylor (U13)	9:45	(17)	Alastair Scott (U15)	9:02	(21)	Harry Henriksen (U17)
22	28:53	Law & District AAC A	10:50	(57)	Ryan Kellock (U13)	9:04	(21)	Oscar Logan (U15)	8:59	(22)	Donald Gilchrist (U17)
23	29:01	Cambuslang Harriers A	10:28	(30)	Sam McCarthy (U13)	9:41	(31)	Fearghus MacGregor (U15)	8:52	(23)	Brodie Aitken (U17)
24	29:02	Gala Harriers A	10:00	(15)	Zico Field (U13)	9:50	(18)	Cameron Rankine (U15)	9:13	(24)	Gregor Collins (U17)
25	29:08	Kilbarchan AAC A	10:34	(38)	Oliver Patton (U13)	9:35	(34)	Luke Lindsay (U15)	8:58	(25)	Jack Patton (U17)
26	29:17	Shettleston Harriers A	10:39	(45)	Adam Clifford (U13)	8:59	(13)	Johnny Burns (U15)	9:38	(26)	David Woods (U15)
27	29:20	Cambuslang Harriers B	10:32	(36)	Reece Duncan (U13)	9:42	(35)	Lewis Roddis (U15)	9:06	(27)	Jack MacKinnon (U17)
28	29:21	Perth Strathtay Harriers B	10:36	(41)	Ethan Stark (U13)	9:16	(20)	Archie McDonald (U15)	9:28	(28)	Kairn Brand (U17)
29	29:26	Ayr Seaforth AC A	10:27	(29)	Daniel Byers (U13)	9:36	(28)	Ethan Polson (U15)	9:23	(29)	Euan Bell (U17)
30	29:29	Aberdeen AAC B	10:22	(26)	Runner 774A	9:37	(25)	Aleksandar Jovicic (U15)	9:30	(30)	Dylan Dickie (U15)

Lindsays scottishathletics National Cross Country Relays

Saturday 26th October

FINAL RESULTS

Cumbernauld

			Young Males								
Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
31	29:42	Garscube Harriers B	9:47	(7)	James Alexander (U13)	9:54	(15)	Matthew Burnside (U15)	10:02	(31)	Stuart Borthwick (U15)
32	29:43	East Kilbride AC A	10:52	(59)	Ryan McNamara (U13)	9:53	(43)	Calum Charters (U15)	8:58	(32)	Hamish Anderson (U17)
33	29:44	Kilbarchan AAC B	10:39	(44)	Grant Buchanan (U13)	10:35	(61)	Ramsay McLeod (U15)	8:30	(33)	Lewis Hannigan (U17)
34	29:45	Inverness Harriers AC B	11:13	(75)	Travis MacPherson (U13)	9:37	(45)	Sam Burnett (U15)	8:55	(34)	Angus Smith (U17)
35	29:47	Kilbarchan AAC C	10:35	(40)	Ryan Knights (U13)	10:20	(48)	Colin Arthur (U15)	8:52	(35)	Lewis Barclay (U17)
36	29:54	Kilmarnock H&AC B	10:54	(61)	Cameron McGarey (U13)	9:12	(30)	Jonathon Downey (U15)	9:48	(36)	Lewis Ferguson (U17)
37	29:55	Lasswade B	9:46	(6)	Andrew McWilliam (U13)	10:15	(27)	Sam Kitchin (U15)	9:55	(37)	Alexander Porteous (U17)
38	29:57	Inverclyde AC B	10:58	(62)	Liam Kane (U13)	9:59	(53)	Jonathan Cameron (U15)	9:00	(38)	Josh Law (U17)
39	30:12	Pitreavie AAC A	11:05	(70)	Struan Wilson (U13)	9:32	(38)	Caleb McLeod (U15)	9:36	(39)	Ruaridh Elder (U17)
40	30:17	VP-Glasgow AC	11:42	(88)	Hamish Matheson (U13)	9:15	(51)	Saul McGlennan (U15)	9:20	(40)	Callum Byrne (U17)
41	30:29	Inverclyde AC C	11:02	(68)	Fraser McLaughlan (U13)	10:28	(69)	Keir Arthur (U15)	8:59	(41)	Lewis Hainey (U17)
42	30:30	Fife AC B	11:05	(71)	Andrew Sanderson (U13)	10:25	(70)	Guillem Penacchio Torres (U15)	9:00	(42)	Michael Sanderson (U17)
43	30:33	Cambuslang Harriers C	10:43	(51)	Jay Gallacher (U13)	10:36	(62)	Brodie McDonald (U15)	9:14	(43)	Michael Black (U17)
44	30:34	Team East Lothian B	10:25	(27)	Finn Middleton (U13)	10:16	(40)	Jamie Smith (U15)	9:54	(44)	Aidan Page (U15)
45	30:43	Greenock Glenpark Harriers B	10:52	(60)	Douglas Campbell (U13)	10:03	(50)	Harris Morrison (U15)	9:47	(45)	Shaun Wiseman (U17)
46	30:43	Livingston B	11:29	(86)	Joel Greig (U13)	9:29	(54)	Elliot Frame (U15)	9:45	(46)	Jonathan Marshall (U17)
47	30:45	Giffnock North AC F	10:26	(28)	Oliver MacDonald (U13)	9:43	(33)	Matthew Knak (U15)	10:36	(47)	Kian McConville (U17)
48	30:48	Ross County	11:22	(83)	Struan Ellen (U13)	10:01	(63)	Ruaridh Ellen (U15)	9:25	(48)	Alex Ellen (U17)
49	30:49	Shettleston Harriers B	10:30	(33)	Matthew Fox (U13)	10:54	(65)	Adam Djoudi (U13)	9:24	(49)	Theo Carter (U17)
50	30:50	Aberdeen AAC C	10:38	(43)	Alexander Arris (U13)	9:58	(39)	Thomas MacKenzie (U15)	10:13	(50)	Caleb Brock (U15)
51	30:53	East Kilbride AC B	10:41	(48)	Jonathan Hunter (U13)	10:27	(59)	Sam Hosie (U15)	9:45	(51)	Christopher Cairns (U17)
52	30:54	Cumbernauld A	10:41	(47)	Grant McEachern (U13)	10:14	(49)	Calum Mackenzie (U15)	9:59	(52)	Louis O'Hare (U17)
53	30:58	Central AC B	9:51	(11)	Joshua Kennedy (U13)	11:12	(55)	Alex Dunlop (U13)	9:55	(53)	Euan Docherty (U15)
54	30:58	VP-Glasgow AC B	11:42	(89)	Robbie Lapping (U13)	9:56	(76)	Finlay Waters (U15)	9:20	(54)	Christopher McDermott (U17)
55	31:06	Pitreavie AAC B	11:34	(87)	Archie Rogers (U13)	9:30	(56)	Roy Taylor (U15)	10:03	(55)	Patrick Doyle (U17)
56	31:11	Perth Strathtay Harriers C	10:42	(49)	Stuart Duncan (U13)	10:03	(41)	David Lidstone (U15)	10:26	(56)	Daniel Lidstone (U17)
57	31:12	Falkirk Victoria Harriers A	11:09	(73)	Sam Redwood (U13)	10:45	(80)	Campbell Mackay (U15)	9:18	(57)	Euan Wond (U17)
58	31:13	Kilmarnock H&AC D	10:47	(55)	Oliver Halliday (U13)	10:06	(47)	Taylor Cadwell (U15)	10:20	(58)	Charlie McNulty (U15)
59	31:15	Edinburgh AC C	10:45	(52)	Jamie Duncan (U13)	10:12	(52)	Alasdair McCorquodale (U15)	10:18	(59)	Connor Thompson (U17)
60	31:21	Dundee Hawkhill Harriers B	10:46	(54)	Kieran Matthews (U13)	10:43	(68)	Joseph Placentino (U15)	9:52	(60)	Tejay Scott (U17)

Lindsays scottishathletics National Cross Country Relays

Saturday 26th October

FINAL RESULTS

Cumbernauld

						Young Males					
Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
61	31:28	Kilmarnock H&AC C	11:19	(79)	Lewis Anderson (U13)	9:45	(57)	Jordan Phillips (U15)	10:24	(61)	Ryan Littlejohn (U17)
62	31:29	Giffnock North AC H	10:18	(24)	Harris Watt (U13)	10:33	(46)	Tristan Robin (U13)	10:39	(62)	Findlay Pryor (U15)
63	31:33	Kilbarchan AAC D	11:28	(85)	Luis Cameron (U13)	10:05	(72)	Jack Kennedy (U15)	10:00	(63)	Robert Gunson (U17)
64	31:33	Law & District AAC B	11:02	(67)	Daniel Simpson (U13)	9:44	(42)	Craig Cherrie (U15)	10:48	(64)	Finn Milligan (U17)
65	31:36	Banchory Stonehaven AC	10:37	(42)	Felix Crawford (U13)	11:02	(77)	Noah Yuda (U13)	9:56	(65)	Kane Noble (U17)
66	31:36	Cambuslang Harriers D	11:03	(69)	Hamish Gardner (U13)	11:05	(83)	Christopher Black (U13)	9:28	(66)	Zak Povey (U17)
67	32:04	Falkirk Victoria Harriers B	11:20	(81)	Hamish Lamont (U13)	11:41	(92)	Jack Stokes (U15)	9:02	(67)	Calum Little (U17)
68	32:10	Dundee Hawkhill Harriers A	11:57	(96)	Finn Lawson (U13)	10:56	(90)	Francis Jones (U15)	9:18	(68)	Euan Smith (U17)
69	32:13	Garscube Harriers C	10:08	(19)	Robert Nicol (U13)	11:55	(82)	Adam Weston (U13)	10:10	(69)	Gregor Murdoch (U15)
70	32:26	East Kilbride AC C	11:20	(82)	Dylan Edwards (U13)	10:40	(81)	Lewis Thorpe (U15)	10:26	(70)	Paul Cairns (U15)
71	32:27	Law & District AAC D	11:51	(95)	Matthew Lee (U13)	10:36	(84)	Scott McAdam (U15)	10:00	(71)	Daniel Munday (U17)
72	32:28	Giffnock North AC G	10:31	(34)	James Mowat (U13)	10:36	(58)	Lewis Davidson (U13)	11:21	(72)	Craig Cameron (U17)
73	32:32	Giffnock North AC I	10:40	(46)	Ruari Laskey (U13)	10:55	(74)	Charlie McAllister (U13)	10:56	(73)	Glen Griffiths (U15)
74	32:41	Kilbarchan AAC E	11:49	(93)	Nathan Fitzpatrick (U13)	10:45	(87)	Ross Hastie (U15)	10:07	(74)	Ross Kennedy (U17)
75	32:45	George Heriots School A	13:12	(112)	David Ivory (U13)	9:54	(93)	Angus Ivory (U15)	9:39	(75)	Lachlan Rowley (U17)
76	32:48	Dundee Hawkhill Harriers C	11:15	(76)	Murdo Hastie (U13)	11:22	(89)	Jack Downie (U15)	10:11	(76)	Ryan Fox (U17)
77	32:50	George Heriots School B	12:29	(106)	Thomas Milne (U13)	10:00	(85)	Tommy Thin (U15)	10:21	(77)	Tomas MacDonald (U17)
78	32:53	Fife AC C	11:19	(78)	Fraser Stewart (U13)	11:12	(86)	Marti Penacchio Torres (U13)	10:21	(78)	Christopher Sanderson (U15)
79	32:53	Teviotdale Harriers B	11:22	(84)	Charles Mckay (U13)	10:02	(64)	Robbie Welsh (U15)	11:29	(79)	Robert Wood (U15)
80	32:55	Corstorphine AAC B	12:25	(105)	Lewis Harrison	10:32	(91)	Reuben Bright	9:57	(80)	Ruairidh Williams
81	33:01	Edinburgh AC B	11:01	(65)	Jack Harrison (U13)	11:36	(88)	Max Lapeyre (U15)	10:24	(81)	Muir Gillespie (U17)
82	33:07	Helensburgh AC A	10:17	(23)	Matthew Gall (U13)	10:32	(44)	Matthew Cameron (U15)	12:17	(82)	Cameron Williams (U15)
83	33:26	Central AC C	12:02	(97)	Jamie Connor (U13)	9:49	(79)	Ruairidh Burns (U15)	11:35	(83)	Ross Lawrie (U15)
84	33:28	Kirkintilloch Olympians	11:46	(91)	Andrew Muir (U13)	9:24	(60)	Gregor Smith (U15)	12:17	(84)	Kyle Paterson (U17)
85	33:55	Dundee Hawkhill Harriers D	12:20	(103)	Andrei Morrison (U13)	10:51	(96)	Jake Gillie (U15)	10:44	(85)	Archie Yeaman (U17)
86	34:06	Clydesdale Harriers A	12:13	(100)	Oliver Lang (U13)	12:12	(100)	Daniel Docherty (U15)	9:41	(86)	Josh McNicol (U17)
87	34:23	Giffnock North AC AO	10:48	(56)	Cormac Shiels (U13)	12:22	(94)	James Wylie (U13)	11:12	(87)	Innes McPherson (U15)
88	34:38	Lasswade C	12:02	(98)	Harry Miller (U13)	11:42	(99)	Alec Miller (U15)	10:54	(88)	Alasdair Brown (U15)
89	35:45	Springburn Harriers A	12:48	(110)	Adam Lawrie (U13)	11:55	(103)	Calum Mchugh (U15)	11:02	(89)	Andrew Smith (U17)
90	36:01	Law & District AAC E	12:50	(111)	Blair Barrowman (U13)	11:45	(102)	Daniel Lee (U13)	11:26	(90)	Robbie Nugent (U15)
91	36:11	Law & District AAC C	14:16	(115)	Blair Torlay (U13)	10:15	(101)	Logan Whitton (U15)	11:40	(91)	Cameron Fry (U17)
92	40:28	Edinburgh AC D	10:43	(50)	Ben Turtle (U13)	18:20	(106)	Joseph Coane (U13)	11:25	(92)	Wilbur Mansell (U15)

Lindsays scottishathletics National Cross Country Relays

Saturday 26th October

FINAL RESULTS

Cumbernauld

						Young Males					
Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
	20:00	Lothian Running Club	10:33	(37)	Jonathan Collings (U13)	9:27	(26)	Murray Close (U15)			
	20:26	Ayr Seaforth AC B	10:30	(32)	Fraser McIntyre (U13)	9:56	(36)	Evan Kelly (U15)			
	20:32	Gala Harriers B	10:17	(22)	Ross Christie (U13)	10:15	(37)	Archie Hendry (U15)			
	21:26	Central AC D	11:01	(66)	Henry Crossley (U13)	10:25	(66)	Jamie Oldham (U13)			
	21:28	Cumbernauld B	10:51	(58)	Noah Hodson (U13)	10:37	(67)	Max McCafferty (U15)			
	21:32	Aberdeen AAC D	11:10	(74)	Ben Cuthill (U13)	10:22	(71)	Finlay Cooper (U15)			
	21:34	Corstorphine AAC C	12:04	(99)	Alisdair Bagnall (U13)	9:30	(73)	Ben Struthers (U15)			
	21:37	Ayr Seaforth AC C	11:08	(72)	Brady McLean (U13)	10:29	(75)	Connor Scobie (U15)			
	21:49	Cumbernauld C	11:00	(64)	Robbie Campbell (U13)	10:49	(78)	Luke Tervit (U15)			
	23:10	Pitreavie AAC C	12:45	(108)	Jack McInnes (U13)	10:25	(95)	Oliver Rodger (U15)			
	23:35	Cambuslang Harriers E	11:15	(77)	Lewis Cook (U13)	12:20	(97)	Cameron Finlayson (U15)			
	23:39	Cumbernauld D	11:43	(90)	Sam Wishart (U13)	11:56	(98)	Finn McCafferty (U13)			
	24:58	Dundee Hawkhill Harriers E	12:46	(109)	Finlay Mitchell (U13)	12:12	(104)	Fraser Passway (U15)			
	25:10	Garscube Harriers D	12:19	(102)	James Burchmore (U13)	12:51	(105)	Daniel Gray (U13)			
	10:46	Clydesdale Harriers B	10:46	(53)	Ruaraidh King (U13)						
	11:20	Shettleston Harriers C	11:20	(80)	Joseph Reilly (U13)						
	11:48	Edinburgh AC E	11:48	(92)	Murray Gillespie (U13)						
	11:50	Kilmarnock H&AC E	11:50	(94)	Jamie Brown (U13)						
	12:15	Fife AC D	12:15	(101)	Rowan Geary (U13)						
	12:21	Teviotdale Harriers C	12:21	(104)	Glen Jamieson (U13)						
	12:39	Kilbarchan AAC F	12:39	(107)	Rhys Knights (U13)						
	13:27	Ayr Seaforth AC D	13:27	(113)	Sam McCrorie (U13)						
	13:58	Greenock Glenpark Harriers C	13:58	(114)	Euan Johnson (U13)						

YAM Fastest Laps

Rank	Time	Athlete	Club	Age
1	9:27	Craig Shennan	Giffnock North AC A	U13
2	9:31	Alasdair Nugent	Giffnock North AC B	U13
3	9:35	Innes Wright	Team East Lothian A	U13
4	9:38	Calan Chong	Giffnock North AC C	U13
5	9:40	Dylan Daunt	Edinburgh AC A	U13
6	9:46	Andrew McWilliam	Lasswade B	U13
7	9:47	James Alexander	Garscube Harriers B	U13
8	9:48	Sam Rice	Kilmarnock H&AC A	U13
9	9:49	Aaron Middleton	Central AC A	U13
10	9:51	Jack Wallace	Giffnock North AC E	U13
11	9:51	Joshua Kennedy	Central AC B	U13
12	9:52	Irvine Welsh	Teviotdale Harriers A	U13
13	9:57	Matthew Holden	Harmeny AC	U13
14	9:57	Archie Suttie	Fife AC A	U13
15	10:00	Zico Field	Gala Harriers A	U13
16	10:00	Oliver Bryers	Giffnock North AC D	U13
17	10:01	Struan Gatherer	Perth Strathtay Harriers A	U13
18	10:03	Rowan Taylor	Lasswade A	U13
19	10:08	Robert Nicol	Garscube Harriers C	U13
20	10:11	Rory Treharne	Garscube Harriers A	U13

Rank	Time	Athlete	Club	Age
1	8:41	Connor Bell	Central AC A	U15
2	8:49	Reuben Macdonald	Giffnock North AC A	U15
3	8:51	Cameron Kerr	Central AC A	U15
4	8:55	Tendai Nyabadza	Harmeny AC	U15
5	8:57	Struan Bennet	Fife AC A	U15
6	8:59	Angus Wright	Team East Lothian A	U15
7	8:59	Johnny Burns	Shettleston Harriers A	U15
8	9:04	Oscar Logan	Law & District AAC A	U15
9	9:05	Cameron Deverill	Giffnock North AC B	U15
10	9:09	Conan Harper	Teviotdale Harriers A	U15
11	9:10	Logan Beagley	Livingston A	U15
12	9:10	Jamie Phillips	Kilmarnock H&AC A	U15
13	9:11	Cameron Green	Giffnock North AC E	U15
14	9:12	Hamish McKay	Aberdeen AAC A	U15
15	9:12	Jonathon Downey	Kilmarnock H&AC B	U15
16	9:14	Lewis Thomson	Perth Strathtay Harriers A	U15
17	9:15	Saul McGlennan	VP-Glasgow AC	U15
18	9:16	Archie McDonald	Perth Strathtay Harriers B	U15
19	9:21	Hugh Shiels	Giffnock North AC C	U15
20	9:22	Patrick Milne	Corstorphine AAC A	U15

Rank	Time	Athlete	Club	Age
1	8:23	Harry Lloyd McGill	Greenock Glenpark Harriers A	U17
2	8:24	Andrew McGill	Livingston A	U17
3	8:25	Ben Sandilands	Fife AC A	U17
4	8:30	David Addison	Corstorphine AAC A	U17
5	8:30	Lewis Hannigan	Kilbarchan AAC B	U17
6	8:31	Harris Paterson	Giffnock North AC A	U17
7	8:32	Lucas Cairns	Inverness Harriers AC A	U17
8	8:33	Peter Bradshaw	Inverclyde AC A	U17
9	8:45	Hugh Morrow	Edinburgh AC A	U17
10	8:50	Ross O'Brien	Giffnock North AC B	U17
11	8:52	Brodie Aitken	Cambuslang Harriers A	U17
12	8:52	Lewis Barclay	Kilbarchan AAC C	U17
13	8:53	James Connelly	Garscube Harriers A	U17
14	8:55	Angus Smith	Inverness Harriers AC B	U17
15	8:55	Blayne Wright	Giffnock North AC E	U17
16	8:55	Jacob Luc	Giffnock North AC C	U17
17	8:56	Ethan Carolan	Giffnock North AC D	U17
18	8:58	Hamish Anderson	East Kilbride AC A	U17
19	8:58	Jack Patton	Kilbarchan AAC A	U17
20	8:59	Lewis Hainey	Inverclyde AC C	U17

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 26th October

FINAL RESULTS

Cumbernauld

Young Females

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
1	29:20	Fife AC A	10:34	(9)	Katie Sandilands (U13)	9:35	(2)	Isla Thoms (U15)	9:11	(1)	Anna Hedley (U17)
2	29:35	Giffnock North AC A	10:37	(11)	Katy Donnelly (U13)	9:23	(1)	Hannah Ryding (U15)	9:35	(2)	Julia Cash (U17)
3	29:57	Edinburgh AC A	10:43	(14)	Dashka MacDonald (U13)	9:45	(3)	Katie Johnson (U15)	9:29	(3)	Pippa Carcas (U17)
4	30:35	Glasgow School of Sport A	10:11	(2)	Millie McClelland-Brooks (U13)	10:41	(7)	Katie Slimon (U15)	9:42	(4)	Meredith Reid (U17)
5	30:39	Inverness Harriers AC A	10:56	(19)	Katie Meek (U13)	10:05	(9)	Grace MacDonald (U15)	9:38	(5)	Anna Cairns (U15)
6	30:46	Team East Lothian A	10:27	(6)	Olivia Robbins (U13)	10:03	(4)	Bridget Harley (U15)	10:15	(6)	Flora Henry (U17)
7	30:47	Aberdeen AAC A	10:39	(12)	Anna McNeill (U13)	10:18	(8)	Johanna Mackenzie (U15)	9:50	(7)	Kirsty Purcell (U17)
8	30:48	Giffnock North AC C	10:10	(1)	Freya Campbell (U13)	10:26	(5)	Kate Paul (U15)	10:11	(8)	Zoe Flower (U17)
9	31:08	Giffnock North AC B	11:12	(29)	Amber Wade (U13)	9:55	(11)	Valencia Wright (U15)	10:00	(9)	Kate Richardson (U17)
10	31:11	Kilbarchan AAC A	10:13	(3)	Adele Street (U13)	10:38	(6)	Abbie Alemu (U15)	10:20	(10)	Aurelia Tiffoney (U17)
11	31:12	Pitreavie AAC A	10:47	(16)	Ariane Baillie (U13)	10:34	(13)	Anya Morrison (U15)	9:50	(11)	Sarah Coutts (U17)
12	31:24	Kilbarchan AAC B	10:17	(4)	Zara Redmond (U13)	10:46	(10)	Evie Livingstone (U15)	10:20	(12)	Louise Hastie (U17)
13	31:27	Aberdeen AAC B	10:52	(18)	Lucy Todd (U13)	10:16	(12)	Phoebe Armstrong (U15)	10:18	(13)	Caitlin Purcell (U17)
14	31:48	Corstorphine AAC A	11:55	(58)	Eva Cameron (U13)	10:07	(22)	Olivia Clarke (U15)	9:46	(14)	Georgia Ledingham (U17)
15	32:01	Central AC A	11:00	(21)	Carys Gibb (U13)	10:35	(15)	Amy Cully (U15)	10:26	(15)	Carrie Banks (U17)
16	32:07	Edinburgh AC B	11:31	(46)	Anna Cruden (U13)	10:11	(17)	Anise Macaulay Orr (U15)	10:26	(16)	Sorcha Shepherd (U15)
17	32:14	Gala Harriers	11:26	(42)	Erin Gray (U13)	10:13	(16)	Isla Paterson (U15)	10:35	(17)	Anna Fairclough (U15)
18	32:18	Garscube Harriers A	11:44	(50)	Millie Kirkland (U13)	10:27	(25)	Amiya Patel (U15)	10:06	(18)	Anya Maclean (U17)
19	32:22	Cambuslang Harriers A	11:33	(47)	Lucy McGrandle (U13)	10:21	(20)	Abbie McClue (U15)	10:28	(19)	Susie McLaughlin (U17)
20	32:24	Giffnock North AC D	11:02	(23)	Hazel O'Donoghue (U13)	10:28	(14)	Isla Scott (U15)	10:53	(20)	Jill Carswell (U17)
21	32:25	Central AC B	11:13	(31)	Leya Gibb (U13)	10:38	(19)	Summer Maclean (U15)	10:34	(21)	Kyra Gibb (U17)
22	32:31	East Kilbride AC A	10:44	(15)	Aimee Anderson (U13)	12:17	(40)	Leah Muirhead (U15)	9:30	(22)	Hannah Anderson (U17)
23	32:31	Falkirk Victoria Harriers A	10:43	(13)	Lois Cant (U13)	11:19	(21)	Erin Hendry (U15)	10:30	(23)	Merah Anderson (U17)
24	32:35	Shettleston Harriers A	11:13	(30)	Katie Woods (U13)	10:50	(23)	Erin Ellor (U15)	10:32	(24)	Elsie Hollywood (U17)
25	32:49	Law & District AAC A	11:11	(27)	Jessica Inglis (U13)	11:29	(33)	Hannah Todd (U15)	10:09	(25)	Jessie Gilchrist (U15)
26	32:49	Edinburgh AC C	11:53	(57)	Kate MacPhail (U13)	10:46	(32)	Carly Lynne Smith (U15)	10:10	(26)	Rose Newman (U17)
27	32:55	Lasswade A	11:22	(39)	Abbie Foster (U13)	10:25	(18)	Olivia Meikle (U15)	11:07	(27)	Abby McGlone (U17)
28	33:04	Central AC C	11:21	(38)	Niamh McKinlay (U13)	11:14	(31)	Mirren Julie Henry (U15)	10:29	(28)	Grace Tindall (U17)
29	33:08	Kilbarchan AAC D	11:20	(37)	Cara McMinn (U13)	11:01	(28)	Ellie Nayar (U15)	10:48	(29)	Alisha Sivell (U17)
30	33:15	Livingston	12:45	(80)	Imogen Marshall (U13)	11:02	(56)	Mia Sokoluk (U13)	9:28	(30)	Isla Calvert (U17)

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 26th October

FINAL RESULTS

Cumbernauld

Young Females

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
31	33:20	Kilmarnock H&AC A	11:14	(33)	Libby Henderson (U13)	11:10	(30)	Ellie Anderson (U15)	10:57	(31)	Laura Jedrusiak (U17)
32	33:26	Inverclyde AC	11:14	(32)	Iris Paterson (U13)	12:04	(50)	Orla McGeehan (U15)	10:09	(32)	Abi Hammerman (U17)
33	33:28	Greenock Glenpark Harriers A	10:34	(8)	Ava Beaton (U13)	11:39	(26)	Katie Johnson (U15)	11:15	(33)	Ruby McGill (U15)
34	33:29	Fife AC B	11:46	(52)	Freya Hedley (U13)	11:28	(46)	Ruby Russell (U15)	10:15	(34)	Isla Hedley (U15)
35	33:31	Aberdeen AAC C	11:28	(43)	Abby Farquhar (U13)	10:48	(27)	Kirstin Grant (U15)	11:15	(35)	Jessica Carns (U17)
36	33:32	Cambuslang Harriers B	11:45	(51)	Olivia McNicol (U13)	11:28	(45)	Eva Ritchie (U15)	10:19	(36)	Shona Carey (U17)
37	33:33	Giffnock North AC E	11:39	(49)	Amy Vincent (U13)	10:42	(29)	Kirsty Wylie (U15)	11:12	(37)	Helen Chong (U17)
38	33:35	Corstorphine AAC B	11:30	(45)	Amy Leccia (U13)	11:33	(42)	Ailsa Bagnall (U15)	10:31	(38)	Mhairi Arnott (U17)
39	33:47	Dundee Hawkhill Harriers A	10:49	(17)	Beth Collins (U13)	11:18	(24)	Eva Duke (U15)	11:40	(39)	Lara Manning (U17)
40	34:00	Ayr Seaforth AC A	10:33	(7)	Iona Stroma Hubbard (U13)	12:08	(34)	Sophie McColm (U15)	11:18	(40)	Morven Hubbard (U17)
41	34:08	Garscube Harriers B	12:01	(61)	Rachael Kirkland (U13)	11:23	(51)	Ingrid Imrie (U15)	10:44	(41)	Summer McDonald (U17)
42	34:11	Perth Strathtay Harriers	10:26	(5)	Erin Lee (U13)	12:58	(52)	Chaela Elder (U15)	10:46	(42)	Rose Ryan (U17)
43	34:13	Kilbarchan AAC C	11:23	(40)	Charlotte Clark (U13)	11:45	(43)	Isla Marshall (U15)	11:05	(43)	Rachel Muir (U17)
44	34:26	VP-Glasgow AC C	11:53	(56)	Isla Donnelly (U13)	11:24	(49)	Amy Byrne (U15)	11:10	(44)	Niamh Hay (U17)
45	34:51	Lasswade B	11:06	(26)	Hannah Knipe (U13)	12:35	(54)	Skye Foster (U15)	11:10	(45)	Amy McLaughlin (U15)
46	34:57	Giffnock North AC G	11:57	(59)	Lauren McPherson (U13)	11:15	(44)	Tuscany Wright (U15)	11:45	(46)	Emma Chamberlain (U17)
47	35:04	VP-Glasgow AC A	11:15	(35)	Jessica Donnelly (U13)	12:36	(58)	Rebecca Barnett (U13)	11:13	(47)	Roisin Cameron Coyle (U17)
48	35:08	Team East Lothian B	11:02	(22)	Rachel Stevens (U13)	11:53	(39)	Cristina Elliot (U13)	12:12	(48)	Jessica Bullen (U15)
49	35:10	Central AC D	12:14	(65)	Loren Stewart (U13)	11:01	(47)	Melissa Turnbull (U15)	11:55	(49)	Naomi Howlieson (U17)
50	35:11	Kilmarnock H&AC B	11:18	(36)	Isla Tonner (U13)	11:36	(38)	Isla Raeburn (U15)	12:18	(50)	Victoria McDowall (U17)
51	35:13	Dundee Hawkhill Harriers B	11:24	(41)	Isabella Passway (U13)	11:26	(37)	Faithe Duffy (U15)	12:23	(51)	Isla Manning (U17)
52	35:15	Helensburgh AC A	11:52	(55)	Molly Ferguson (U13)	12:17	(65)	Maddie Rooney (U15)	11:05	(52)	Katie Flett (U17)
53	35:23	Banchory Stonehaven AC	13:08	(88)	Lucy McLean (U13)	11:30	(72)	Charlotte D'Arcy (U13)	10:45	(53)	Emma Swanson (U17)
54	35:28	Teviotdale Harriers A	13:19	(89)	Leah Brown (U13)	11:21	(74)	Iona Jamieson (U15)	10:48	(54)	Maisie Ballantyne (U17)
55	35:37	Inverness Harriers AC B	10:35	(10)	Kirsten Burnett (U13)	12:14	(36)	Imogen McDougall (U15)	12:49	(55)	Emma Seed (U17)
56	35:52	North Ayrshire Athletics Club	12:43	(79)	Abby Docherty (U13)	12:43	(81)	Naideen Dailly (U13)	10:27	(56)	Niamh Murphy (U17)
57	35:55	Dundee Hawkhill Harriers C	11:50	(54)	Willow Scott (U13)	11:58	(57)	Grace Matthews (U15)	12:07	(57)	Frankie Duncan-Morris (U17)
58	36:01	Ayr Seaforth AC B	10:57	(20)	Sophie McCallum (U13)	12:06	(41)	Clare McLaughlin (U15)	12:58	(58)	Lucy Stanley (U17)
59	36:06	Shettleston Harriers B	12:54	(82)	Violet Campbell (U13)	11:00	(60)	Iman Djoudi (U15)	12:12	(59)	Jessica Grant (U15)
60	36:08	Clydesdale Harriers A	11:58	(60)	Orla Hodgson (U13)	12:38	(71)	Lucy Denholm (U13)	11:32	(60)	Kenzie Macintosh (U15)

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Saturday 26th October

FINAL RESULTS

Cumbernauld

Young Females

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
61	36:13	Cambuslang Harriers C	12:33	(75)	Amy Mcgoldrick (U13)	11:36	(63)	Mya Carmichael (U15)	12:04	(61)	Peggy-Nan Rodger (U17)
62	36:20	Greenock Glenpark Harriers B	12:13	(64)	Erin McEleny (U13)	12:10	(68)	Maria McCabe (U13)	11:58	(62)	Abbie Tosh (U17)
63	36:22	Giffnock North AC J	12:20	(69)	Saoirse McNulty (U13)	11:56	(66)	Nuala O'Donnell (U15)	12:06	(63)	Emma McLennan (U15)
64	36:30	Central AC E	12:17	(68)	Leah Brown (U13)	13:01	(80)	Mary Kealey (U15)	11:12	(64)	Anna MacKinnon (U15)
65	36:31	Law & District AAC B	12:25	(72)	Rachel Stevenson (U13)	12:46	(78)	Amanda Quinn (U15)	11:21	(65)	Nina Fyfe (U17)
66	36:32	Garscube Harriers C	12:41	(78)	Anna Chapman (U13)	12:25	(77)	Cailyn Downey (U15)	11:25	(66)	Beth Trainer (U15)
67	36:37	Kirkintilloch Olympians	12:21	(71)	Miho Sharp (U13)	12:05	(70)	Olivia Mahon (U13)	12:10	(67)	Rachel Paton (U17)
68	36:50	Giffnock North AC I	12:37	(77)	Hannah Sluman (U13)	12:02	(73)	Eva Chong (U15)	12:11	(68)	Ella Youngs (U15)
69	36:52	Giffnock North AC F	12:20	(70)	Caitlin McGeachy (U13)	12:53	(79)	Melissa McIntosh (U15)	11:40	(69)	Kirsten O'Donoghue (U17)
70	37:07	East Kilbride AC B	11:30	(44)	Rhianna Docherty (U13)	13:21	(75)	Gracie Carlin (U15)	12:17	(70)	Emma Livingstone (U17)
71	37:23	East Kilbride AC C	12:25	(73)	Kayleigh Pew (U13)	12:31	(76)	Hannah Kelly (U15)	12:28	(71)	Abbie Kirwan (U17)
72	37:31	Lasswade C	11:14	(34)	Eloise Scott (U13)	12:01	(48)	Bethan Kitchin (U13)	14:16	(72)	Rebekah Knipe (U15)
73	38:09	Greenock Glenpark Harriers C	12:15	(66)	Summer Taggart (U13)	12:09	(69)	Sophie Campbell (U15)	13:45	(73)	Olivia Trainer (U17)
74	38:28	Giffnock North AC K	15:04	(96)	Lexie Martin (U13)	11:11	(86)	Esme Dougall (U15)	12:14	(74)	Abigail Flower (U15)
75	39:33	Giffnock North AC H	14:17	(93)	Emilia Hickey-Fugaccia (U13)	11:38	(85)	Kiara Meiklejohn (U15)	13:38	(75)	Leila Hickey-Fugaccia (U17)
76	39:59	Teviotdale Harriers B	15:14	(97)	Sarah Macleod (U13)	11:59	(89)	Ava Hughes (U15)	12:46	(76)	Runner 573C
77	43:56	Law & District AAC C	16:52	(98)	Lindsay Wishart (U13)	14:02	(93)	Kirsty Currie (U13)	13:03	(77)	Rachel Donnelly (U17)

Lindsays scottishathletics National Cross Country Relay Championships

Saturday 26th October

FINAL RESULTS

Cumbernauld

Young Females

Pos	Time	Club	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete
	22:47	Falkirk Victoria Harriers B	11:05	(24)	Katie Hedges (U13)	11:43	(35)	Carys Forgie (U13)			
	23:33	VP-Glasgow AC B	12:03	(62)	Carys Murrison (U13)	11:31	(53)	Ruth Walsh (U13)			
	23:46	Ayr Seaforth AC C	11:38	(48)	Drew Walker (U13)	12:08	(55)	Tess Crooks (U15)			
	23:54	Central AC F	12:15	(67)	Scarlett Roy (U15)	11:38	(59)	Leona Melville (U15)			
	24:03	Fife AC C	11:47	(53)	Niamh Cumming (U13)	12:16	(61)	Esmee Thoms (U15)			
	24:09	Cambuslang Harriers D	11:05	(25)	Hayley Clarke (U13)	13:03	(62)	Eilidh Kennedy (U15)			
	24:09	Kilmarnock H&AC C	12:57	(84)	Emma Morrison (U13)	11:12	(64)	Lucy Hoy (U15)			
	24:19	Central AC G	12:13	(63)	Zosia Padden (U15)	12:07	(67)	Anna Buchanan (U15)			
	25:34	Dundee Hawkhill Harriers D	13:06	(86)	Louise Boyd-Thorpe (U13)	12:28	(82)	Iris Nicoll (U13)			
	25:45	Cumbernauld	13:07	(87)	Laya Caldwell (U13)	12:38	(83)	Rebekah Lawman (U13)			
	25:48	Dundee Hawkhill Harriers E	13:53	(91)	Coco Jones (U13)	11:56	(84)	Ruth De Villiers (U13)			
	26:28	Clydesdale Harriers B	12:55	(83)	Emily Brown (U13)	13:33	(87)	Skye McNicol (U13)			
	26:41	Aberdeen AAC D	14:50	(95)	GRACE DINNES (U13)	11:50	(88)	Hannah Pearson (U15)			
	28:28	Shettleston Harriers D	13:57	(92)	Chloe Fox (U13)	14:31	(90)	Runner 566B			
	28:44	Greenock Glenpark Harriers D	14:32	(94)	Sophie McGinty (U13)	14:12	(91)	Gabby Henderson (U15)			
	28:48	Giffnock North AC A2	12:36	(76)	Gabrielle Paddison (U13)	16:12	(92)	Holly Walsh (U13)			
	11:12	Springburn Harriers A	11:12	(28)	Nicola Farmer (U17)						
	12:31	Shettleston Harriers C	12:31	(74)	Katie Burns (U13)						
	12:51	Kilmarnock H&AC D	12:51	(81)	Molly Hunter (U13)						
	13:06	Cambuslang Harriers E	13:06	(85)	Grace Ferry (U13)						
	13:19	East Kilbride AC D	13:19	(90)	Emily Buchan (U13)						
	25:41	Garscube Harriers D	25:41	(99)	Thea Kernohan (U15)						

YAF Fastest Laps

Rank	Time	Athlete	Club	Age
1	10:10	Freya Campbell	Giffnock North AC C	U13
2	10:11	Millie McClelland-Brooks	Glasgow School of Sport A	U13
3	10:13	Adele Street	Kilbarchan AAC A	U13
4	10:17	Zara Redmond	Kilbarchan AAC B	U13
5	10:26	Erin Lee	Perth Strathtay Harriers	U13
6	10:27	Olivia Robbins	Team East Lothian A	U13
7	10:33	Iona Stroma Hubbard	Ayr Seaforth AC A	U13
8	10:34	Ava Beaton	Greenock Glenpark Harriers A	U13
9	10:34	Katie Sandilands	Fife AC A	U13
10	10:35	Kirsten Burnett	Inverness Harriers AC B	U13
11	10:37	Katy Donnelly	Giffnock North AC A	U13
12	10:39	Anna McNeill	Aberdeen AAC A	U13
13	10:43	Lois Cant	Falkirk Victoria Harriers A	U13
14	10:43	Dashka MacDonald	Edinburgh AC A	U13
15	10:44	Aimee Anderson	East Kilbride AC A	U13
16	10:47	Ariane Baillie	Pitreavie AAC A	U13
17	10:49	Beth Collins	Dundee Hawkhill Harriers A	U13
18	10:52	Lucy Todd	Aberdeen AAC B	U13
19	10:56	Katie Meek	Inverness Harriers AC A	U13
20	10:57	Sophie McCallum	Ayr Seaforth AC B	U13

Rank	Time	Athlete	Club	Age
1	9:23	Hannah Ryding	Giffnock North AC A	U15
2	9:35	Isla Thoms	Fife AC A	U15
3	9:38	Anna Cairns	Inverness Harriers AC A	U15
4	9:45	Katie Johnson	Edinburgh AC A	U15
5	9:55	Valencia Wright	Giffnock North AC B	U15
6	10:03	Bridget Harley	Team East Lothian A	U15
7	10:05	Grace MacDonald	Inverness Harriers AC A	U15
8	10:07	Olivia Clarke	Corstorphine AAC A	U15
9	10:09	Jessie Gilchrist	Law & District AAC A	U15
10	10:11	Anise Macaulay Orr	Edinburgh AC B	U15
11	10:13	Isla Paterson	Gala Harriers	U15
12	10:15	Isla Hedley	Fife AC B	U15
13	10:16	Phoebe Armstrong	Aberdeen AAC B	U15
14	10:18	Johanna Mackenzie	Aberdeen AAC A	U15
15	10:21	Abbie McClue	Cambuslang Harriers A	U15
16	10:25	Olivia Meikle	Lasswade A	U15
17	10:26	Sorcha Shepherd	Edinburgh AC B	U15
18	10:26	Kate Paul	Giffnock North AC C	U15
19	10:27	Amiya Patel	Garscube Harriers A	U15
20	10:28	Isla Scott	Giffnock North AC D	U15

Rank	Time	Athlete	Club	Age
1	9:11	Anna Hedley	Fife AC A	U17
2	9:28	Isla Calvert	Livingston	U17
3	9:29	Pippa Carcas	Edinburgh AC A	U17
4	9:30	Hannah Anderson	East Kilbride AC A	U17
5	9:35	Julia Cash	Giffnock North AC A	U17
6	9:42	Meredith Reid	Glasgow School of Sport A	U17
7	9:46	Georgia Ledingham	Corstorphine AAC A	U17
8	9:50	Kirsty Purcell	Aberdeen AAC A	U17
9	9:50	Sarah Coutts	Pitreavie AAC A	U17
10	10:00	Kate Richardson	Giffnock North AC B	U17
11	10:06	Anya Maclean	Garscube Harriers A	U17
12	10:09	Abi Hammerman	Inverclyde AC	U17
13	10:10	Rose Newman	Edinburgh AC C	U17
14	10:11	Zoe Flower	Giffnock North AC C	U17
15	10:15	Flora Henry	Team East Lothian A	U17
16	10:18	Caitlin Purcell	Aberdeen AAC B	U17
17	10:19	Shona Carey	Cambuslang Harriers B	U17
18	10:20	Aurelia Tiffoney	Kilbarchan AAC A	U17
19	10:20	Louise Hastie	Kilbarchan AAC B	U17
20	10:26	Carrie Banks	Central AC A	U17